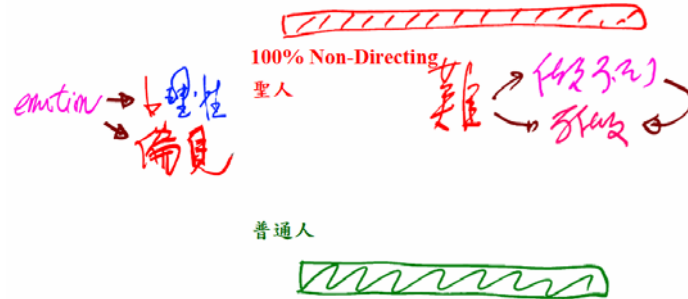


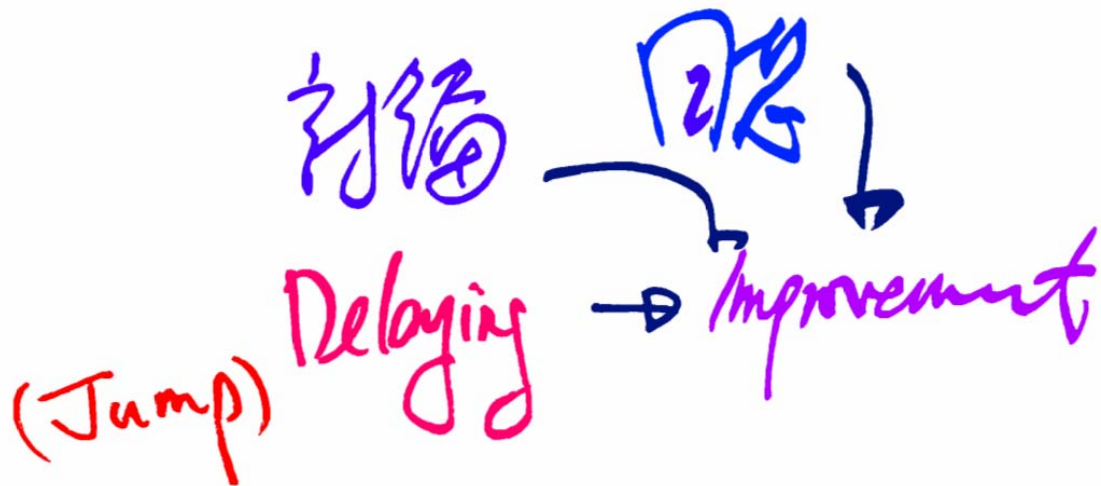
教練的標準...



Questioning



人生教練...



Keith To MeWe 智訊專頁: www.mewe.com/p/excelcentre

教練不是什麼...

Dysfunctional
Connection

Problem
Solutions
Adding
Exploration + Clarify



對話是什麼...

monologue 獨白

X coach

X Coachee

✓ Structured Monologue
(科士)

Dialogue

Dia: logos
thru
self-thru
speech/reason

Keith To Ko-Fi 學習平台: www.ko-fi.com/keithto

對話的條件...

? → 阻
 Free-Flow - Coachee $\frac{1}{2}$
 Coachee
 Contin understanding $\frac{1}{3}$
 equally same manner
 same ant same extent 同步 $\frac{2}{3}$
 Non-judgemental $\frac{3}{4}$

Non-Judgemental...

	<u>Slow</u>	<u>No</u>
Coachee	✓	✗
	Delaying	
Coach	✓	✓
	Structure 型	Content 形
		↓ 障礙

Keith To即將開辦課程: www.KeithToPrograms.com