



Coaching 是...

Options / Choices

Coaching/Coachee 難...

有慣 能 Step
自慣 誰沒
抄

不知

Coaching ~ NLP ...

All Coaches Use ^{Context} NLP?
Not All Coaches Use NL-C?
NL-Context



Coaching 是...

Sir Whitmore
⊗ Unlocking
Helping along, but
Not Teaching

Inertia to Choices...

0 → 1 ¹²³⁴⁵⁶⁷⁸⁹
element
1 → Many
Formula
123456789

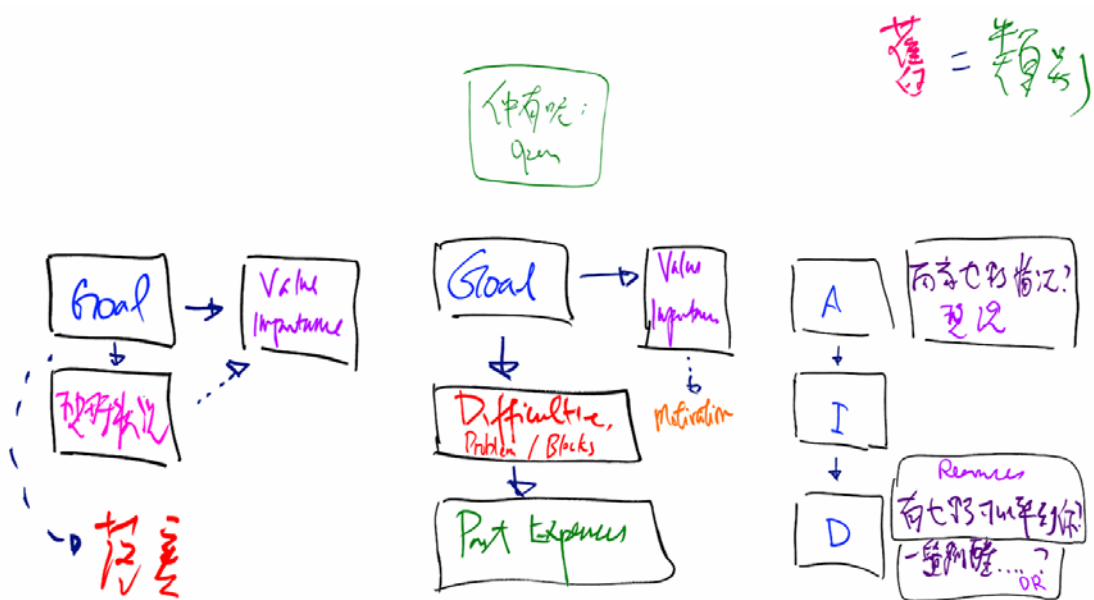
教練：如何大器...



Meta-Meta → Meta



同學自行發現的 Coaching Models...



Concepts, Models, Skills...

Concepts HOW? 'Concepts

Elements How? model
Coaching Models

Formula how? skills
Coaching Questions

Keith To 即將開辦課程: www.KeithToPrograms.com