



Summary







Understanding



硬
膠



EGO

硬
膠



EGO

硬
膠



EGO





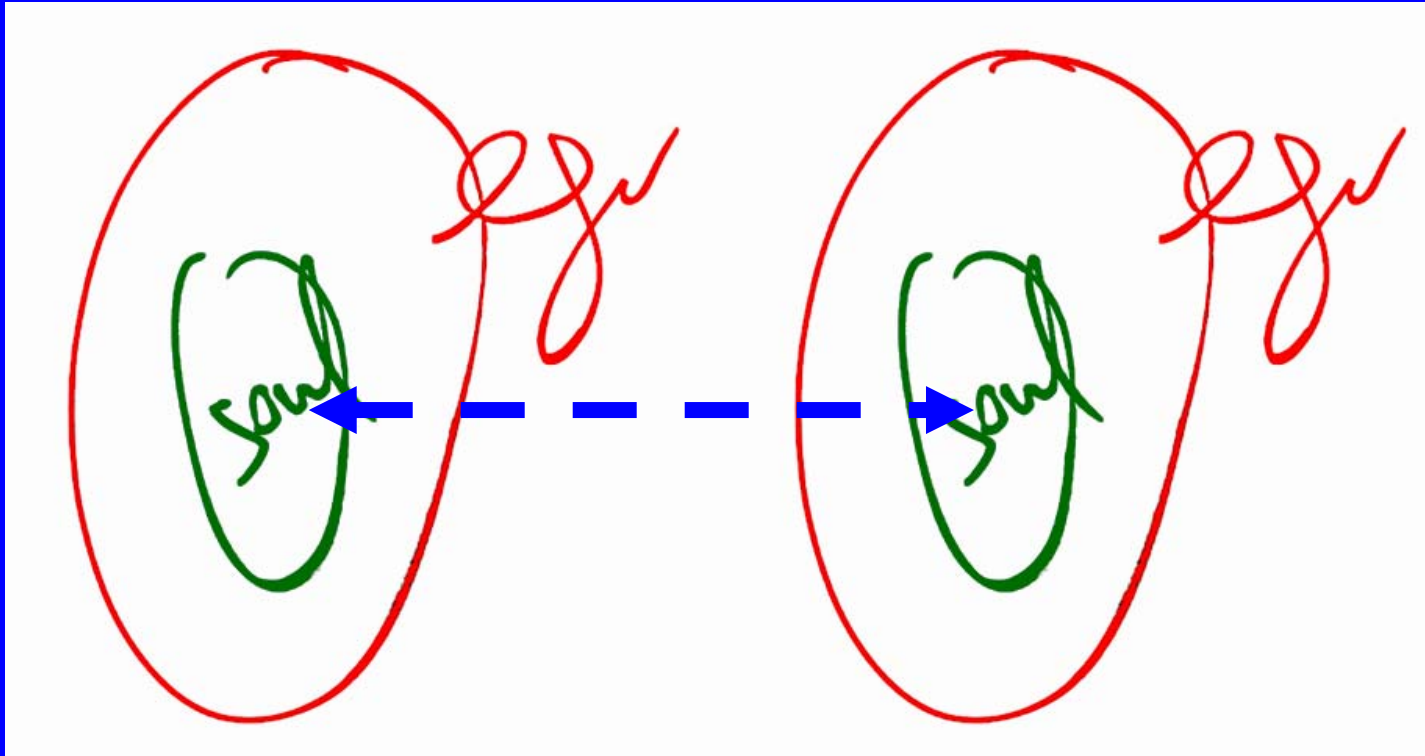
Soul / Spirit...

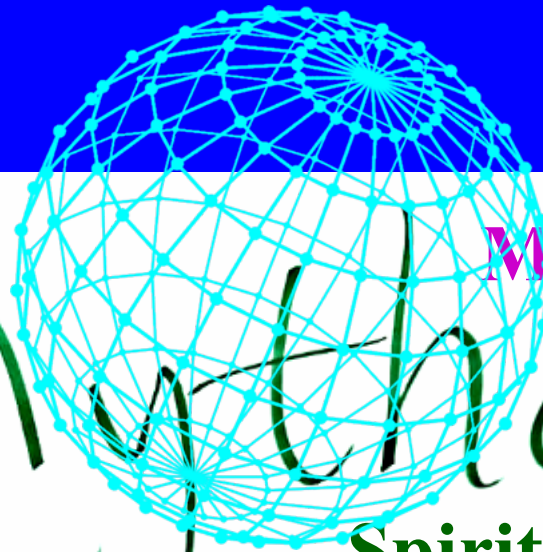
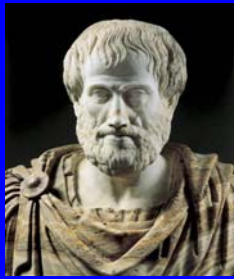


Spirit
Pneuma
Breath
Soul
Psyche
Breath



Soul / Spirit / Ego...





Metaphor

mythos

Spiritual

Reality



Logos

Logic

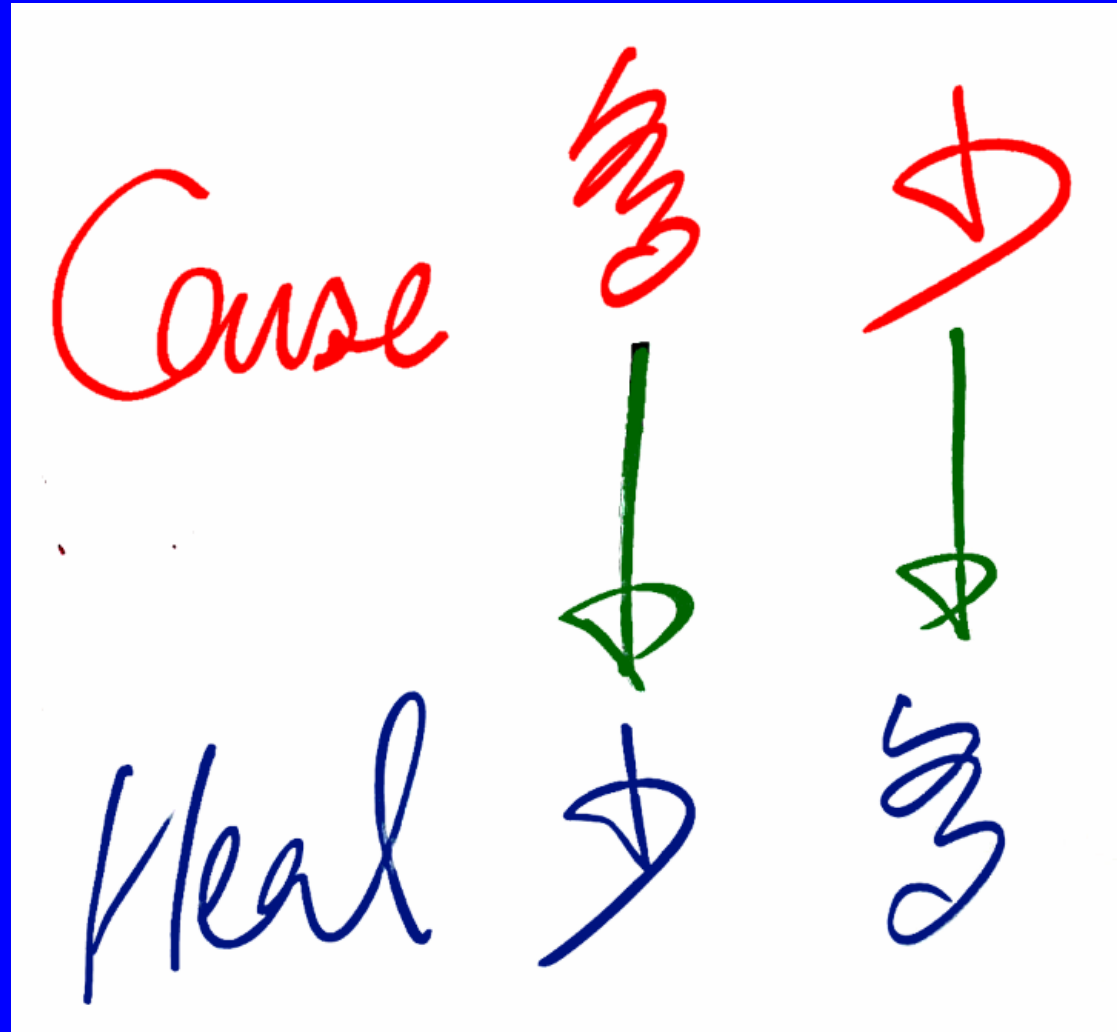
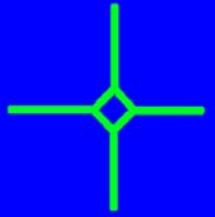
EGO



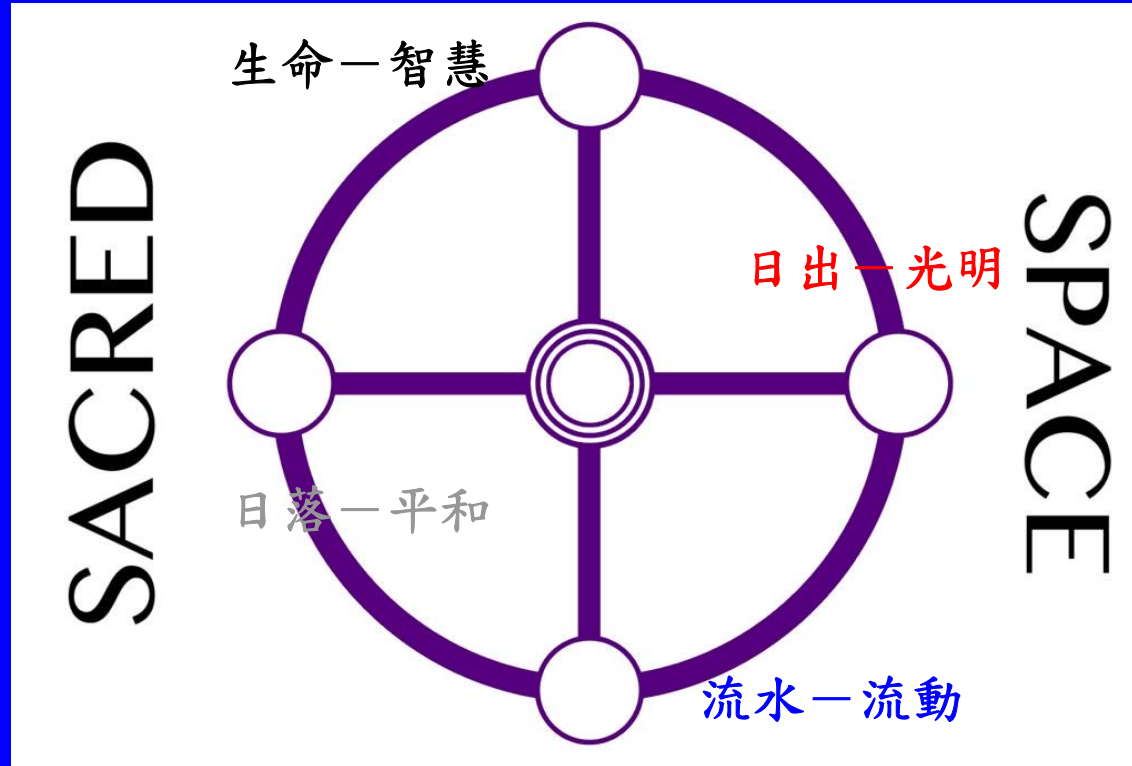
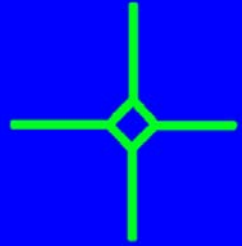
Healing



Shaman: 病因 1 ... 多少



Shamanic Healing 1: 多少, 少多...



天空—連結

大地—滋養



Shaman: 病因 2 ... 膠著



Stucked → Movement



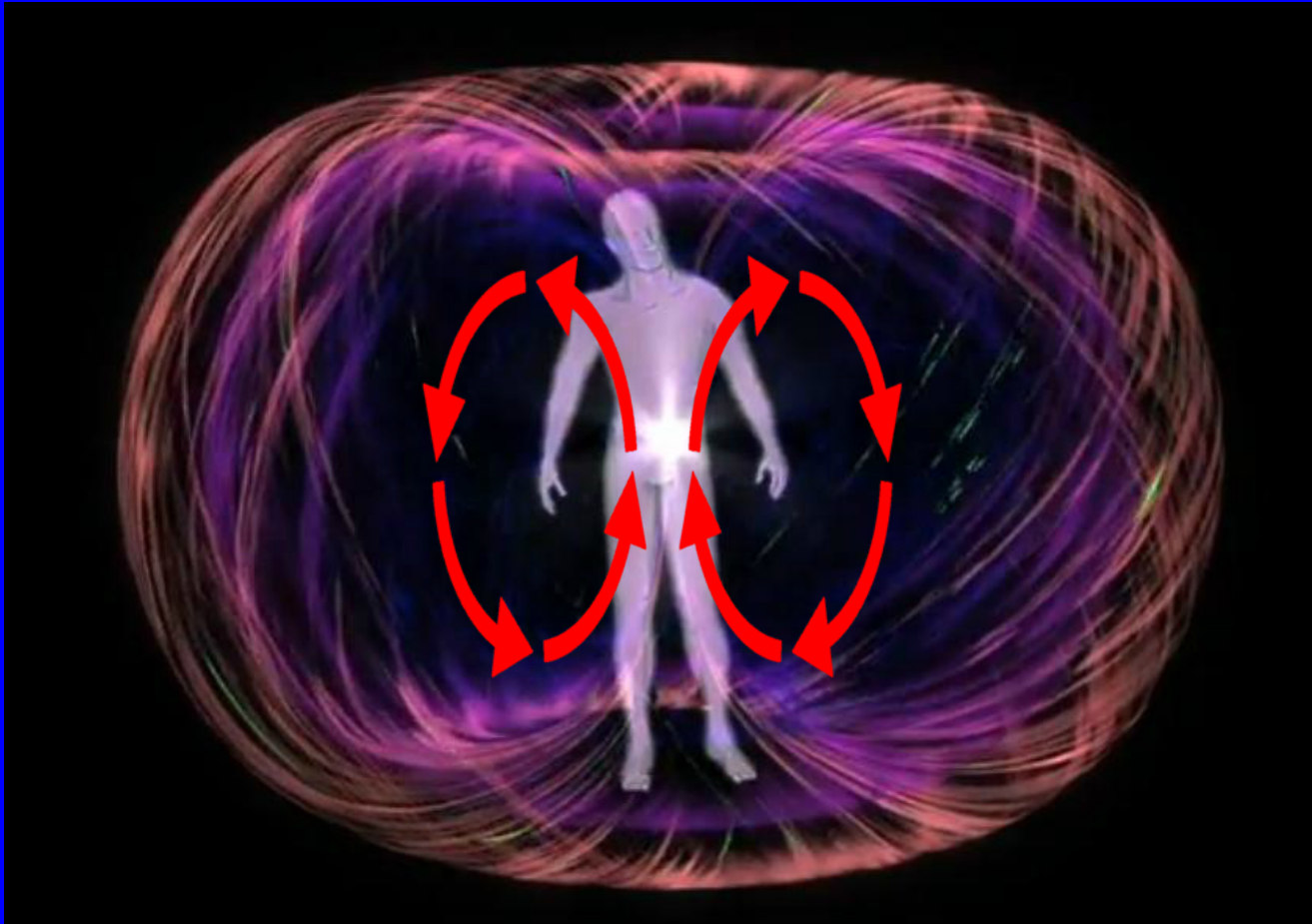
Shamanic Healing 2 機制...完成移動



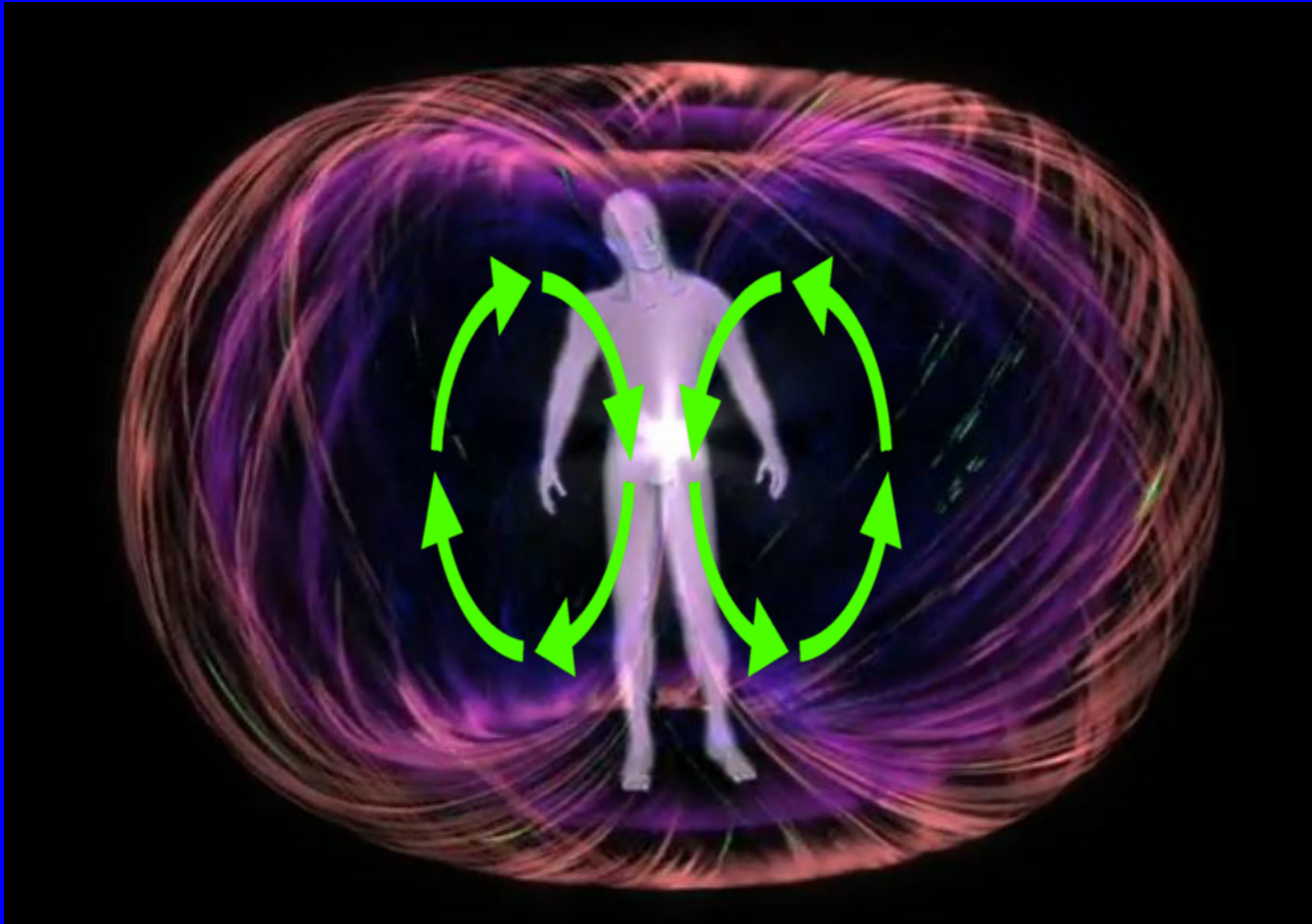
Completion of
movement in
greater depth



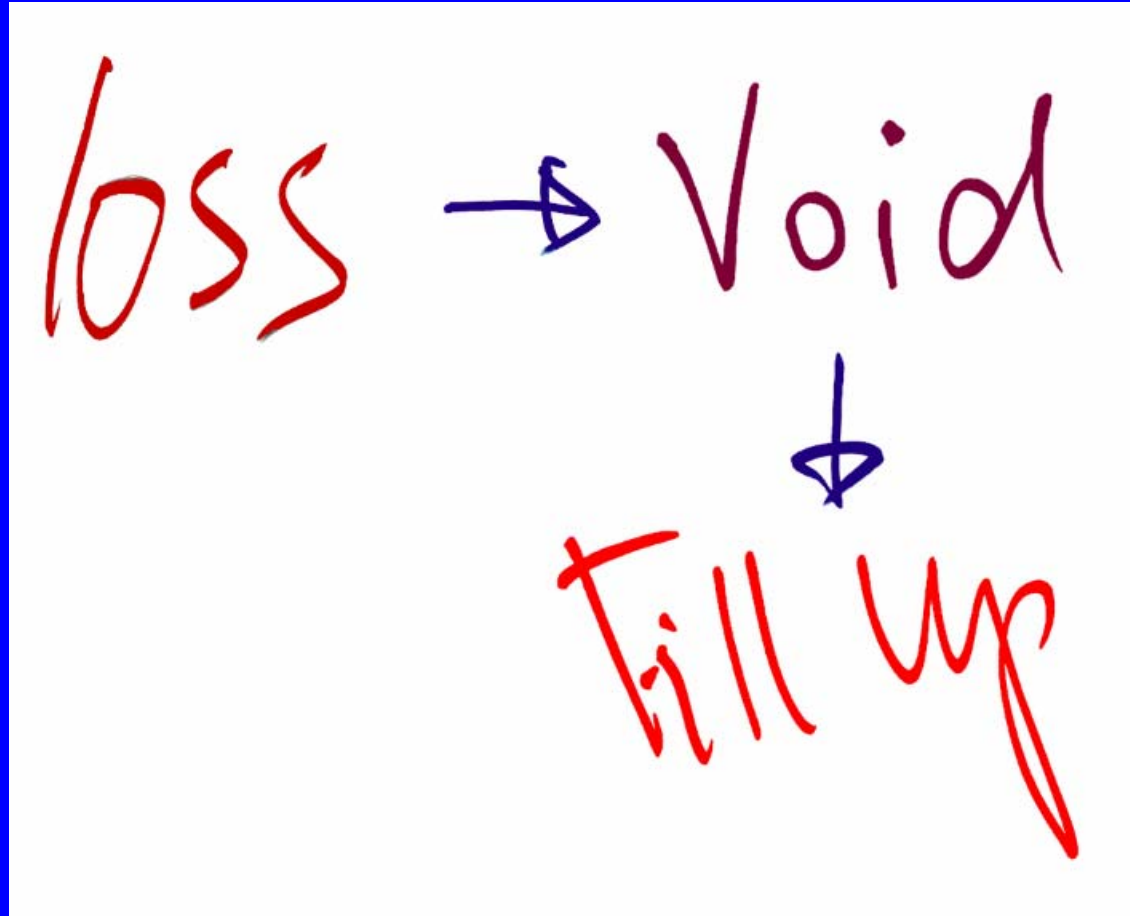
Shaman: 病因 3 ... 逆轉



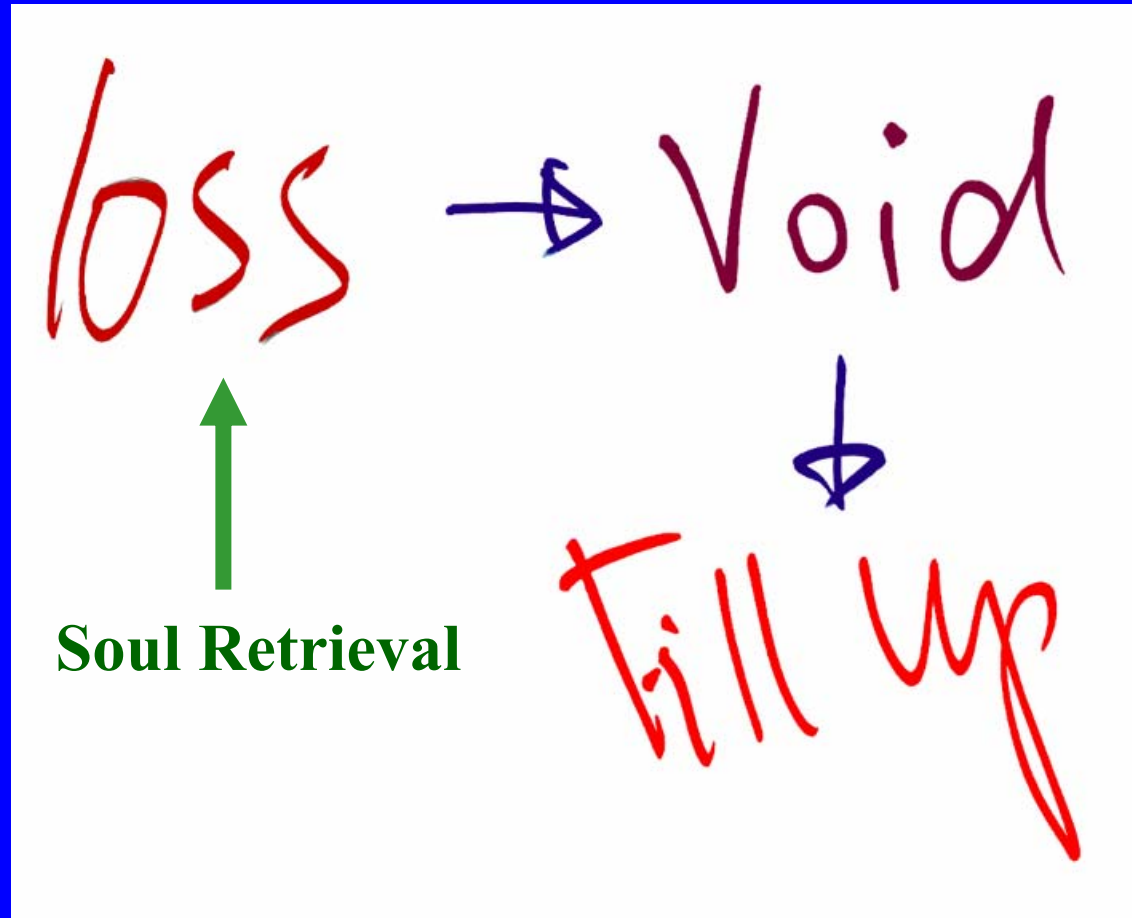
Shamanic Healing 3 機制...順轉



Shaman: 病因 4 ... 迷失

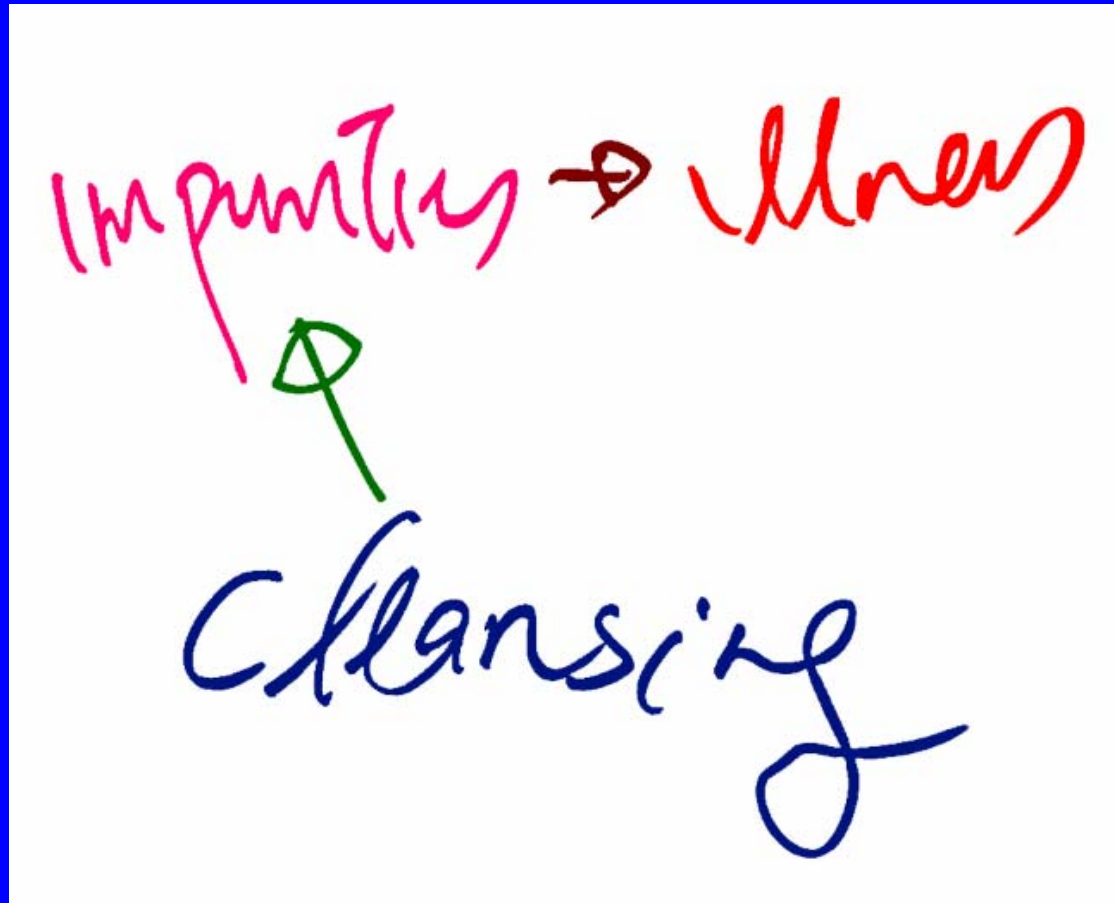


Shamanic Healing 4 機制...尋回



Shaman: 病因 5 ... Impurities

Shamanic Healing 5 機制...淨化



Shamanic Healing 機制 1+2+3+4+5: 現代演繹...

- ① Psychophysics
- ② 圖象暗示
Hypnosis
- ③ Logical

Image of Cause
Image of Heal



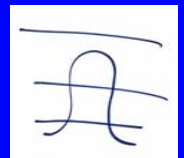
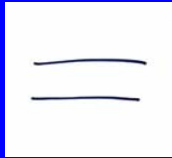
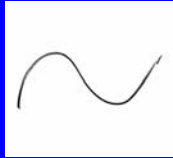
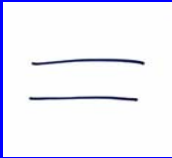
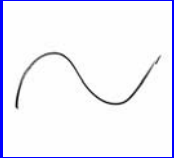


4 Modules of Healing

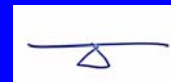
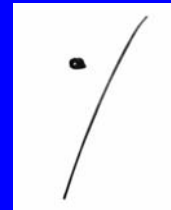
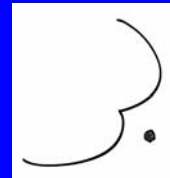
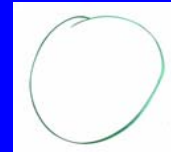


1. Brazilian Shaman Healing...

錯也有效?



Visualize → Imprint → Healing → Lock In



2. Hawaiian Shaman Healing...

Heal the Body

Huna

ho'isla kine

不是 Shaman 也有效?

Ho'oponopono

Please Forgive Me



2. Hawaiian Shaman Healing...



Self-Touch



Huddling



Mutual Holding



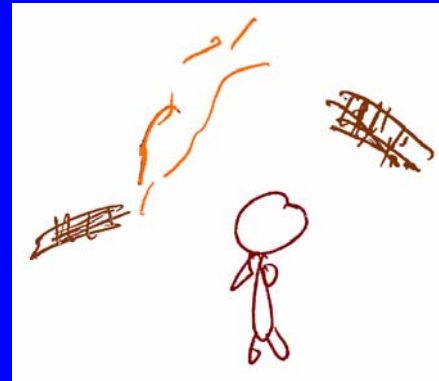
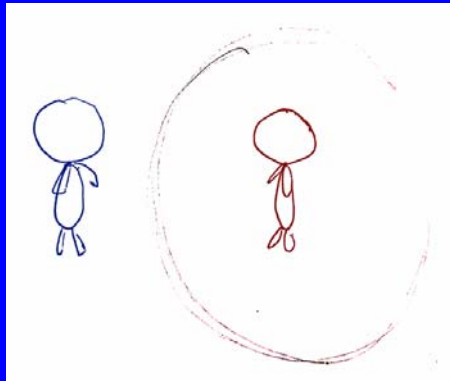
Touching ×3
Wording ×2

你都仲未...
至少...
但係...

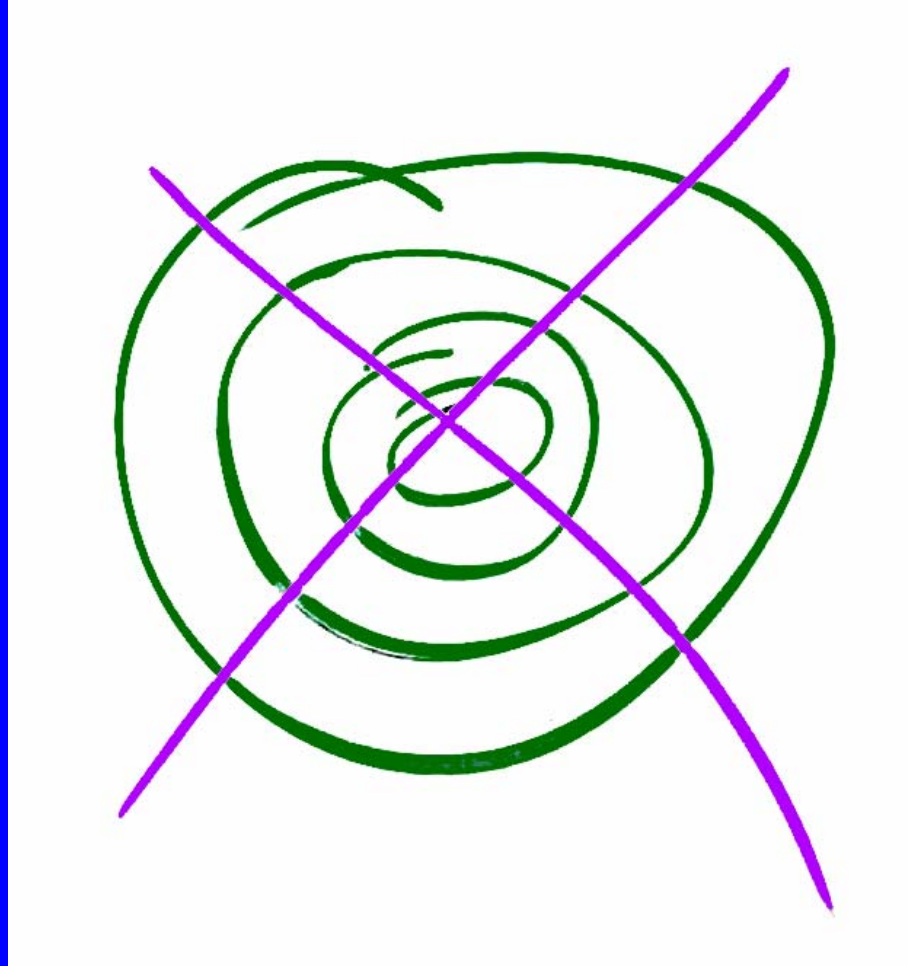
Water Flowing
Rain Dripping
Breeze Blowing
Sun Shining
Ice Melting
Snow Falling
Birds Singing
Lion Roaring



3. Shamanic Cleansing...



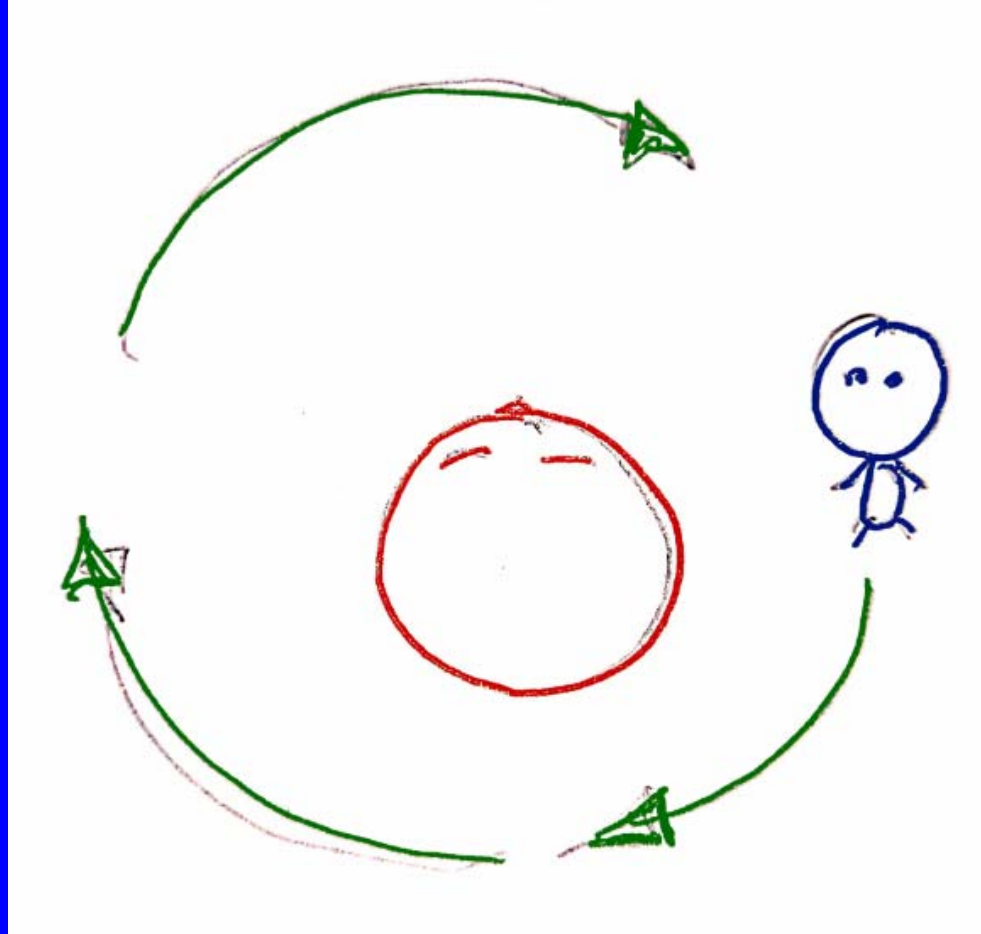
4. Medicine Wheel ... 多層意義...



4. Medicine Wheel ... 教育 + 治愈...



4. Medicine Wheel ... 教育 + 治愈...



Shamanic Healing 機制 1+2+3+4+5: 現代演繹...

- ① Psychophysics
- ② 圖象暗示
Hypnosis
- ③ Logical

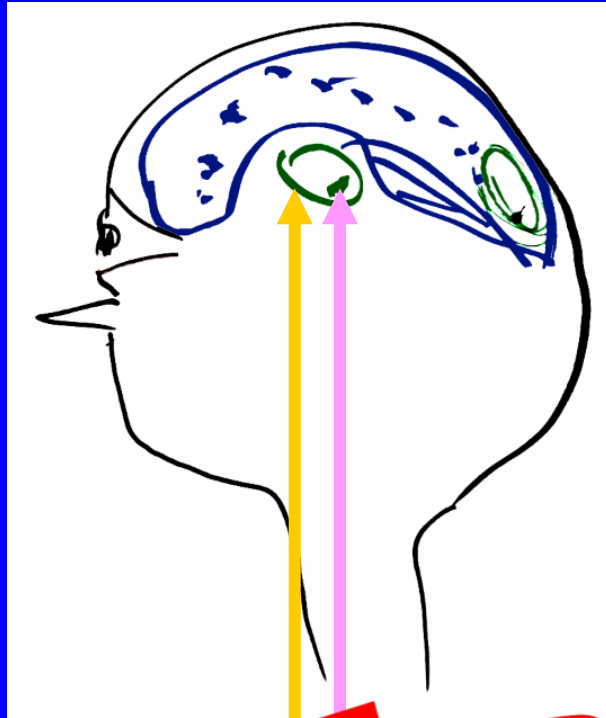
Image of Cause
Image of Heal



Soul's Eye: Inner Sense



眉心輪: 看到看不到的...

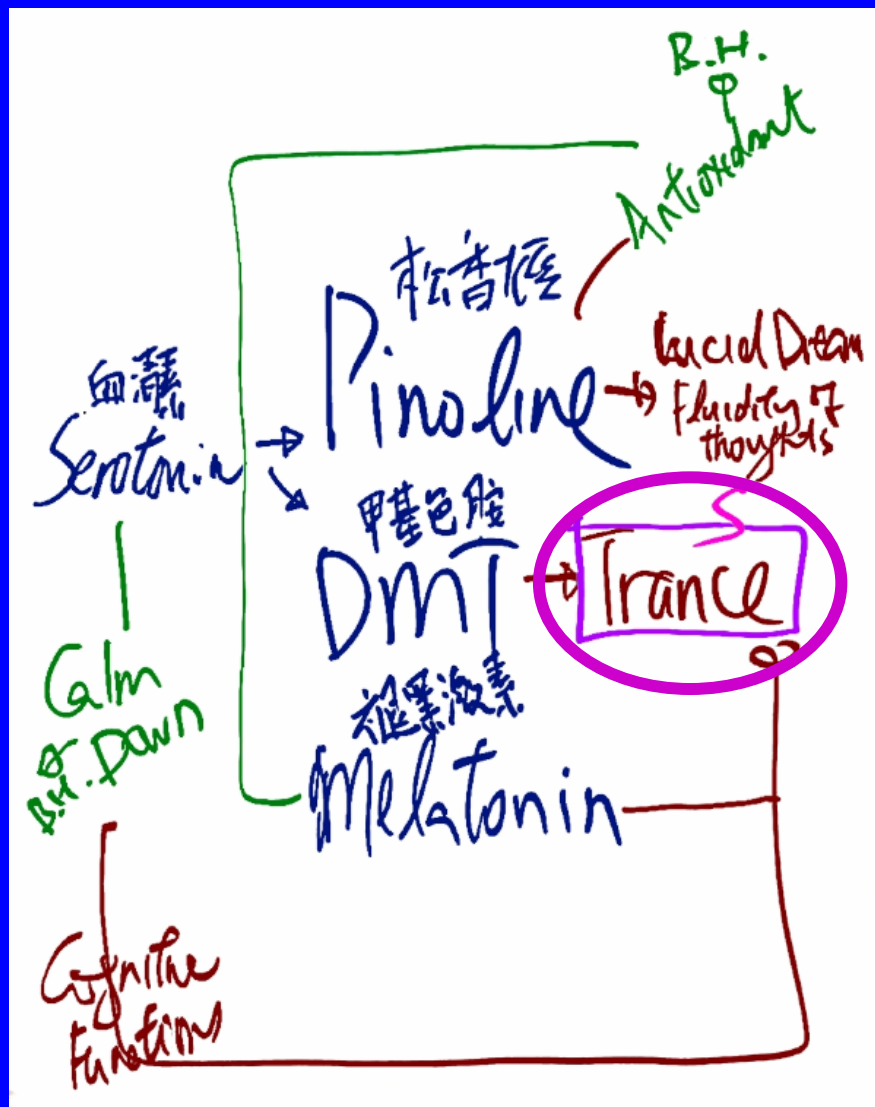


Sacral: Sex ~ Gluttony: Abundance ← Expression

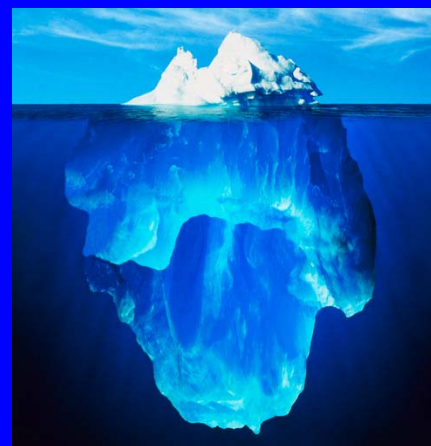
Root: Survival ~ Anger: Peace ← Connection

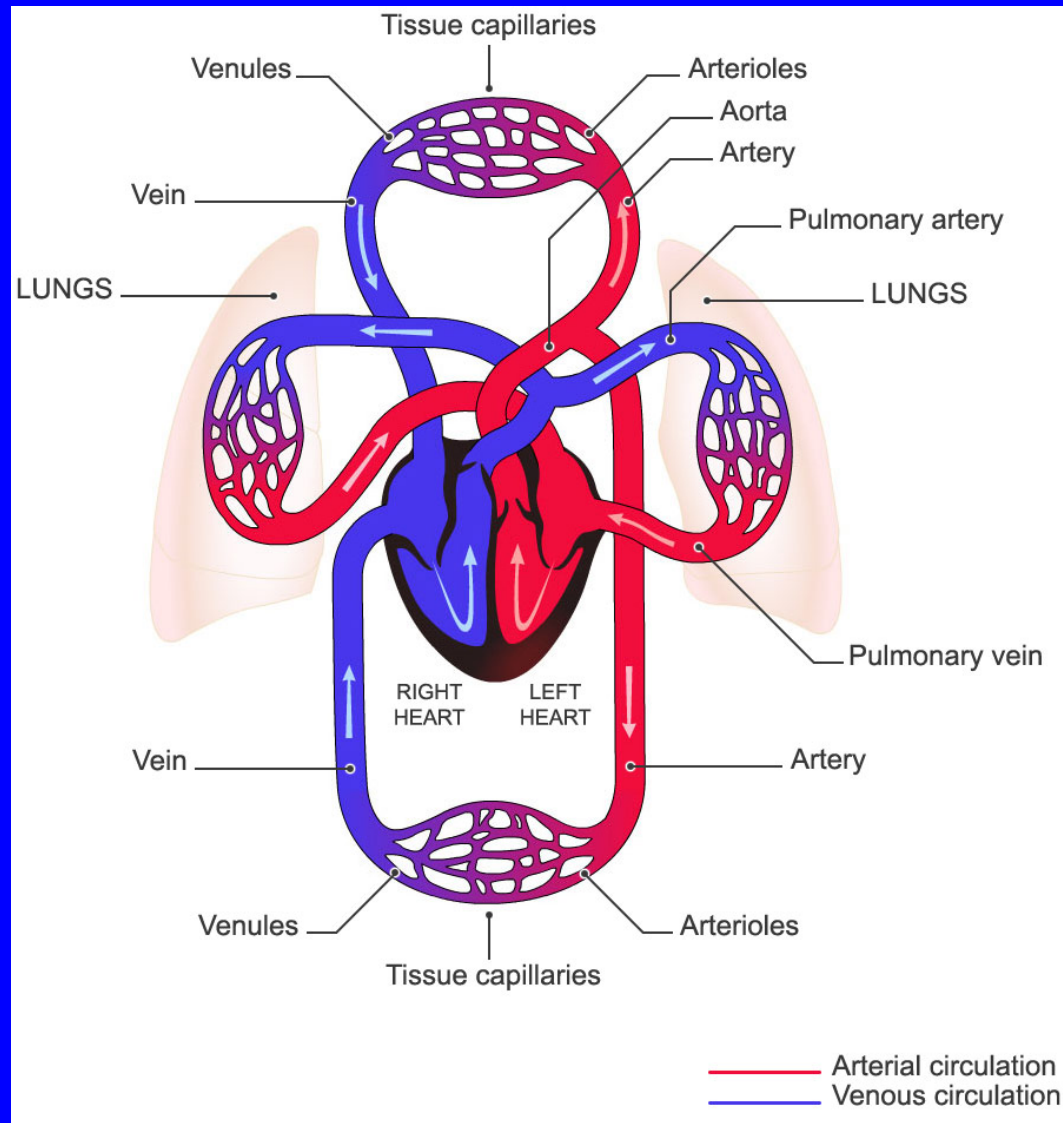


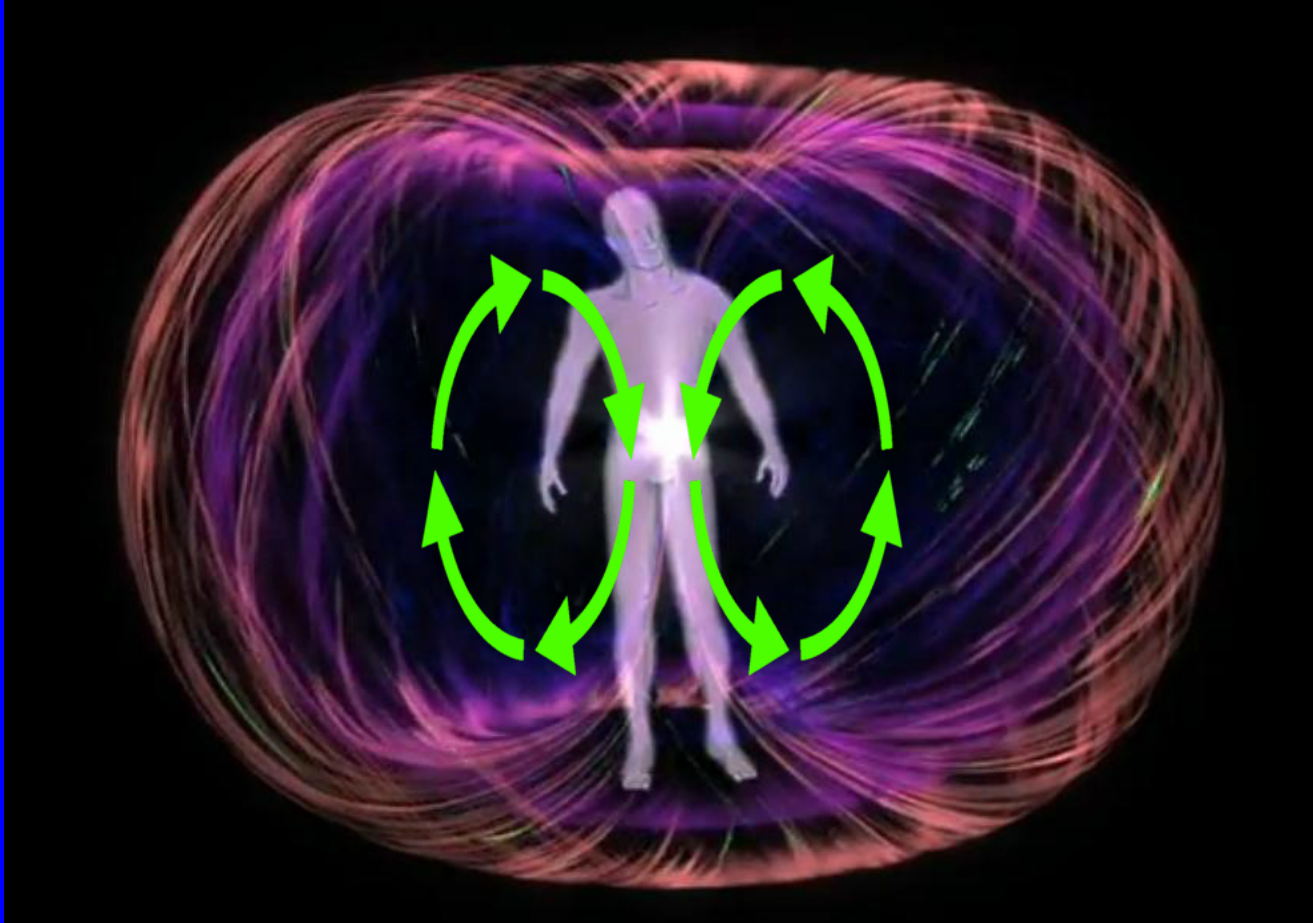
心眼 / 身眼 ... 松果體



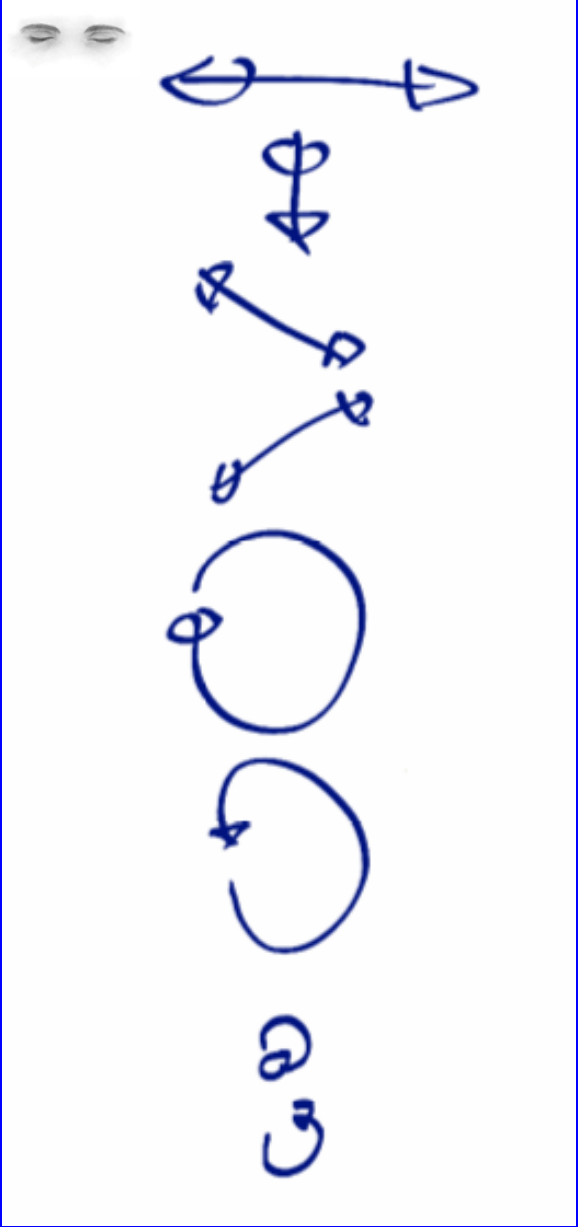
- ① Psychophysics
語言
- ② 圖象暗示
Hypnosis
- ③ Logical







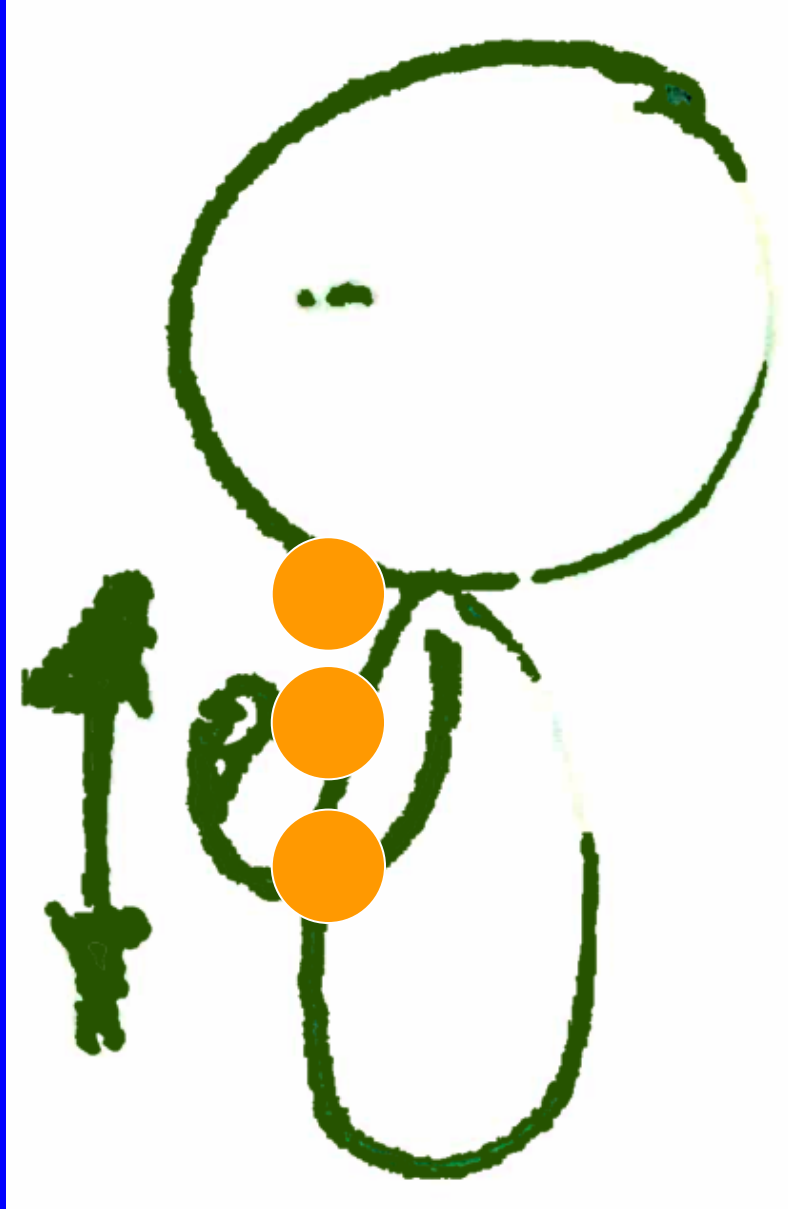


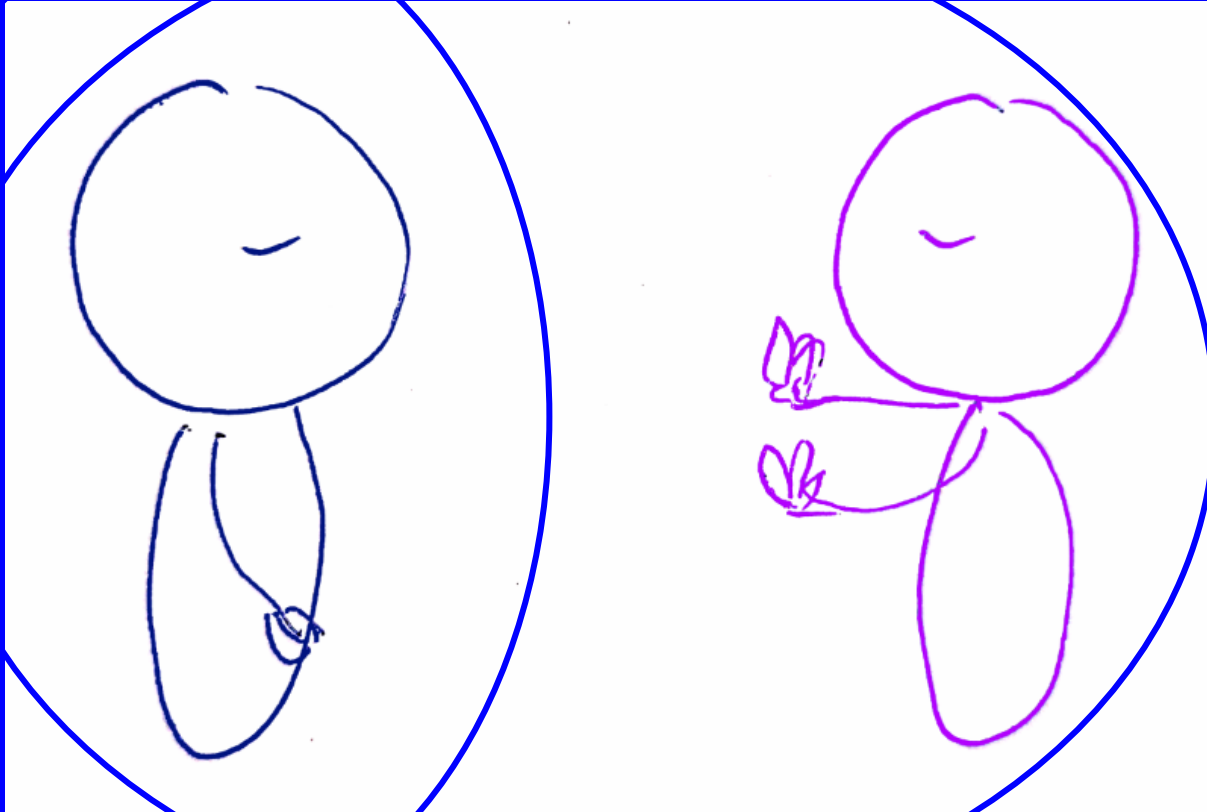


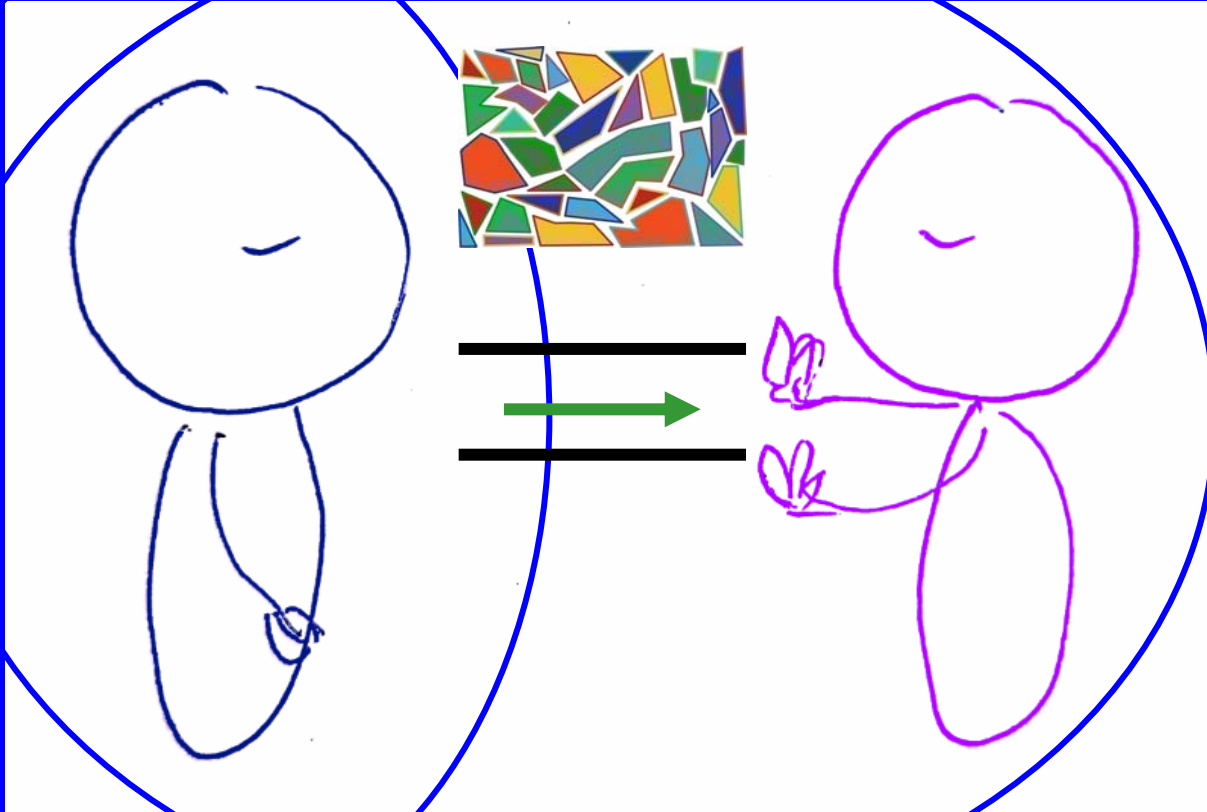


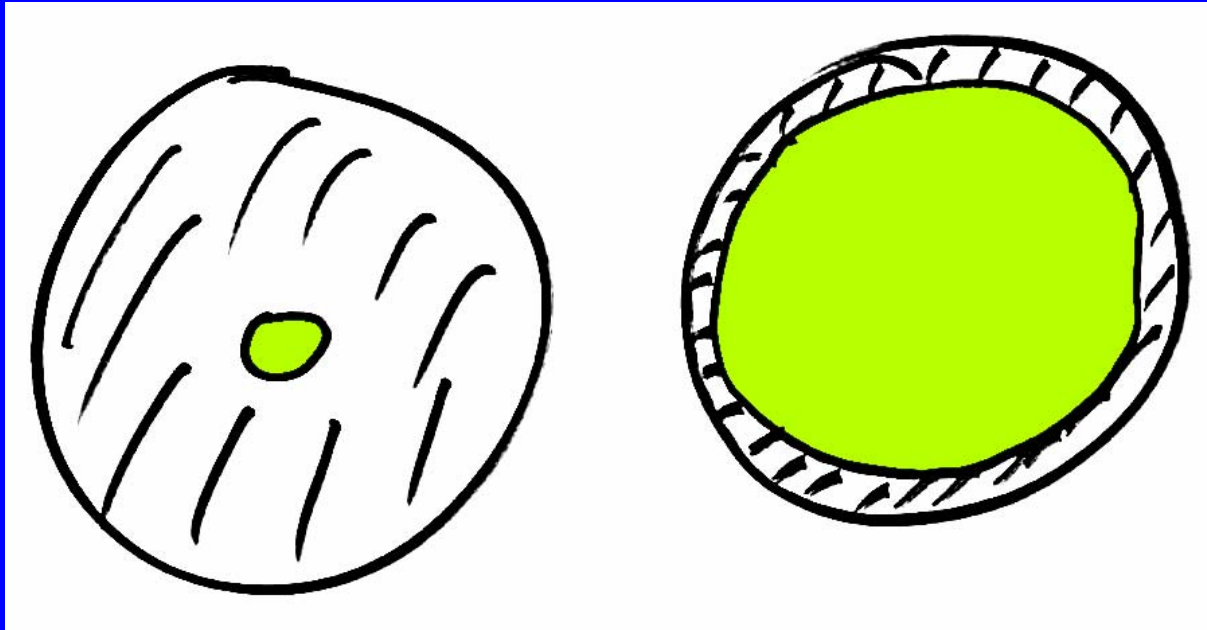


5







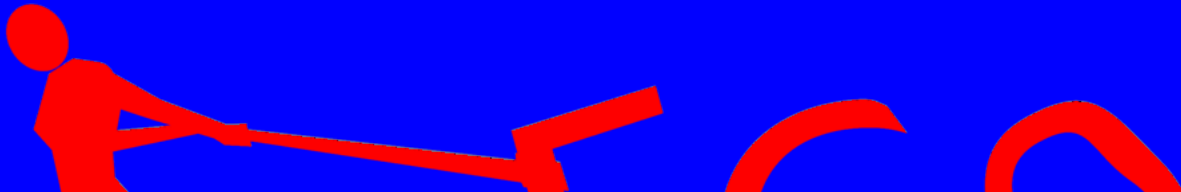




看不見,也可存在

~~看不見,也是存在~~

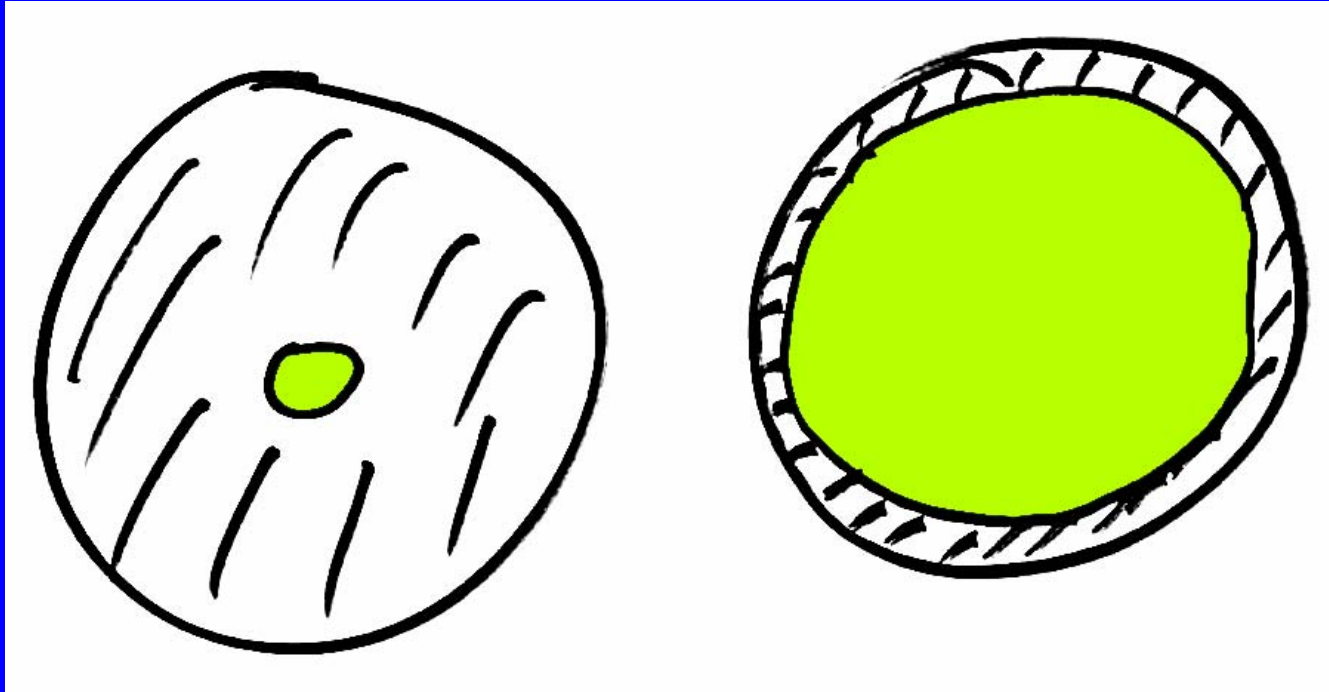




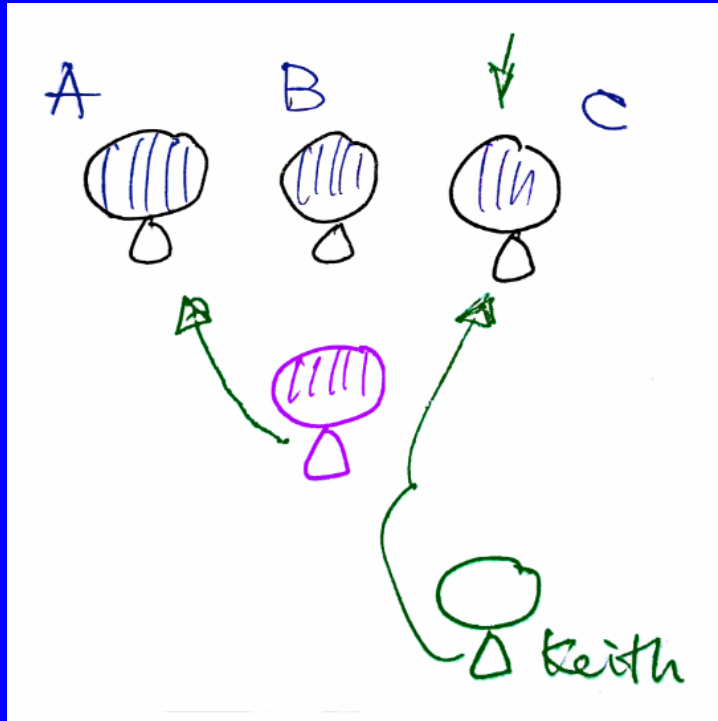
Energy

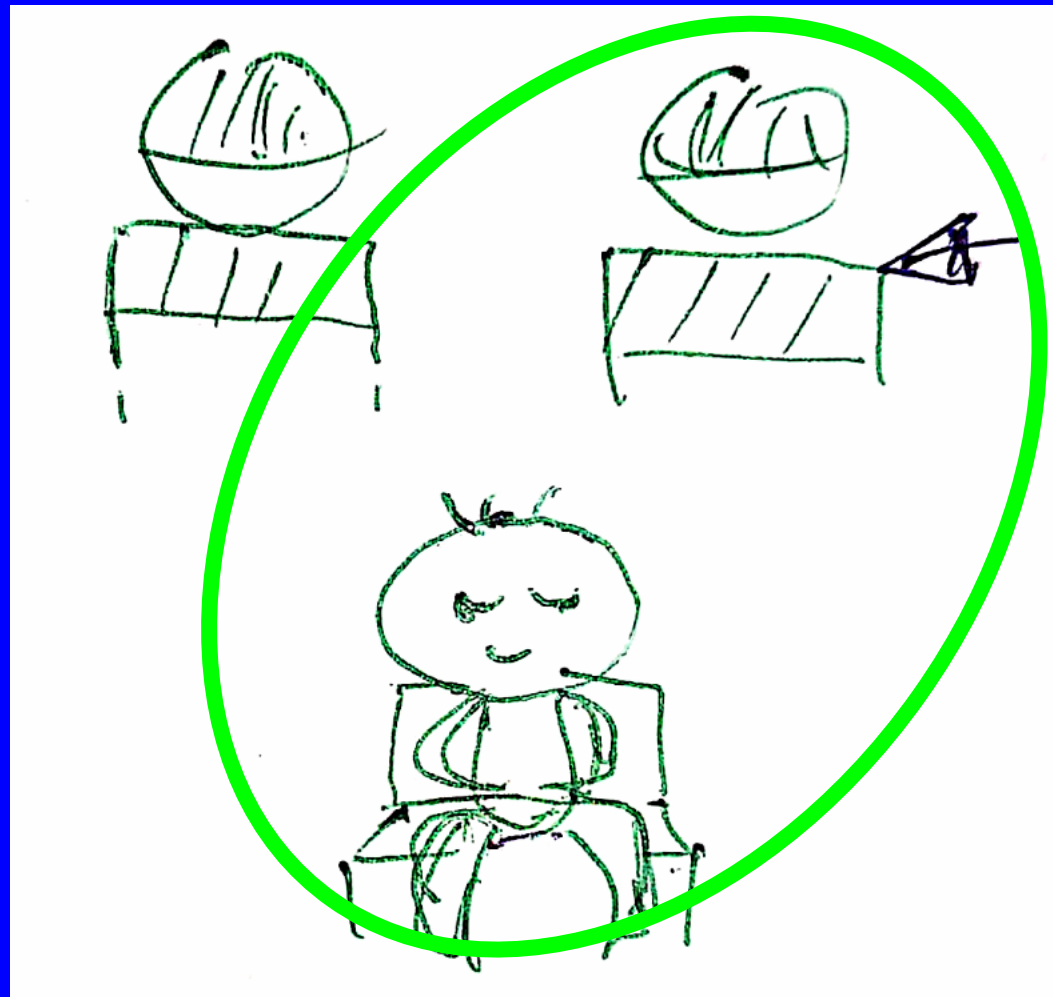


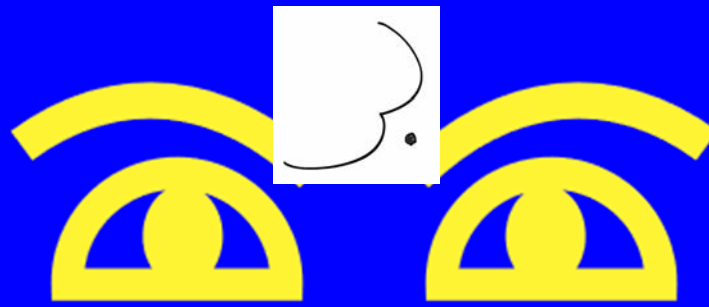
Ego $\leftrightarrow$ Energy Flow...

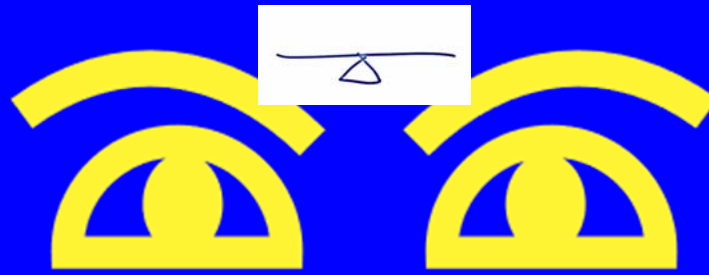


如何發送 Energy?

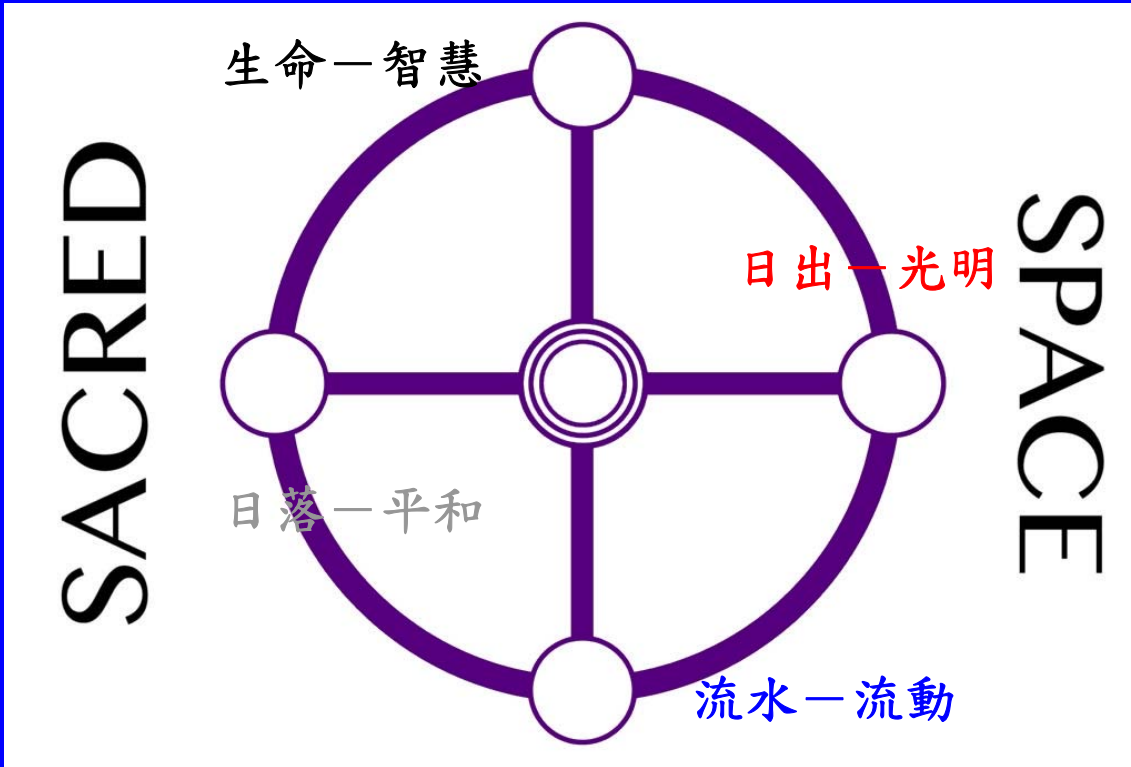
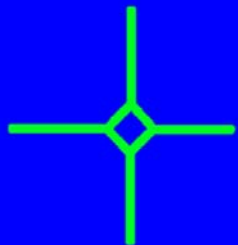








Healing
Purification
Divination



天空—連結

大地—滋養



Drum



Shamanic Drumming for Journeys ...



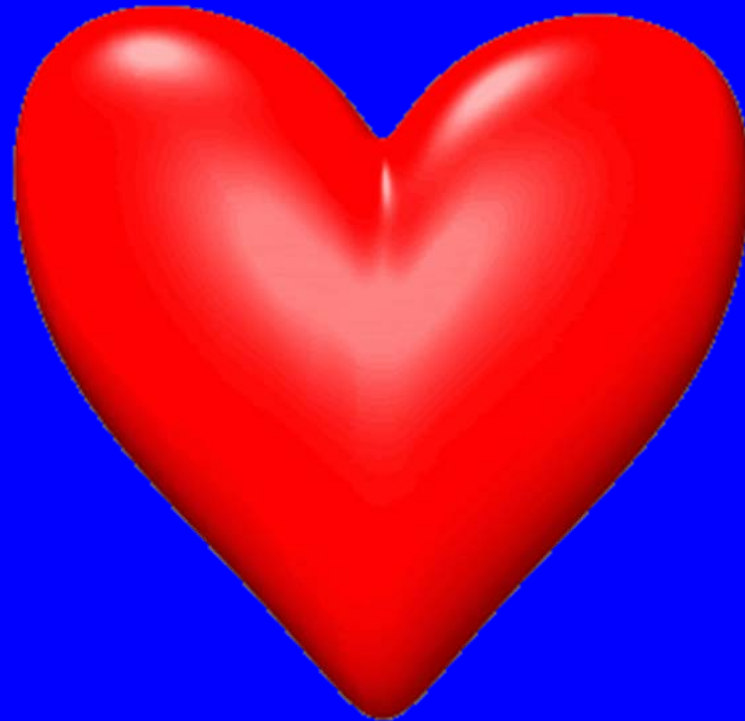
1 2 3 4

1 2 3 4

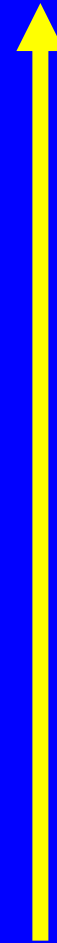
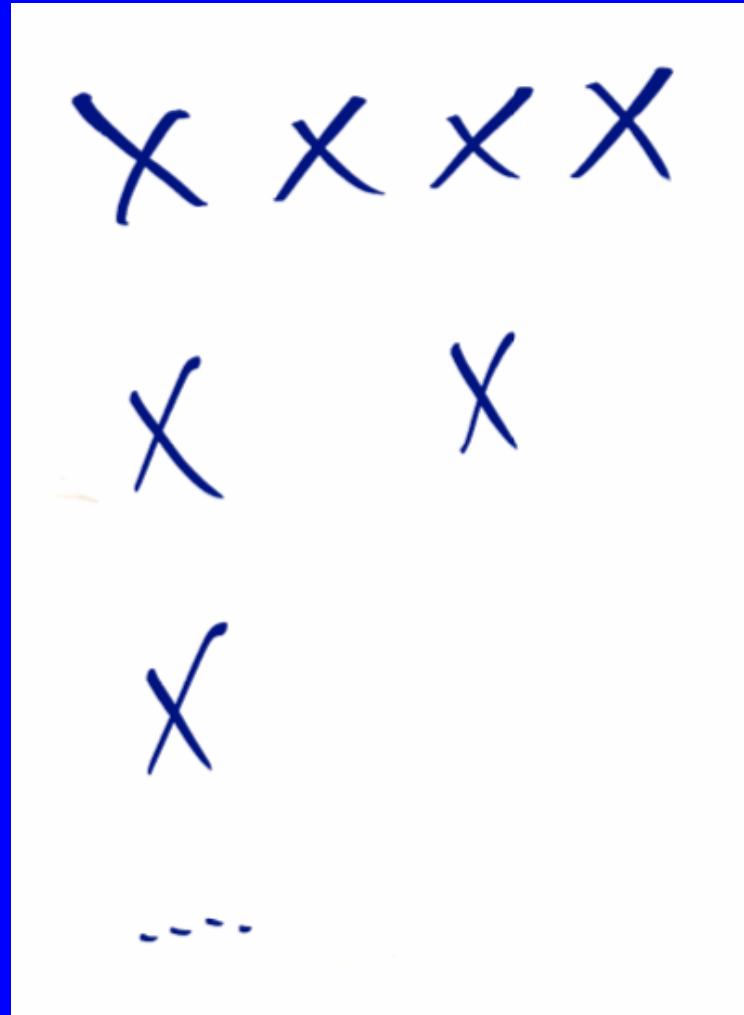
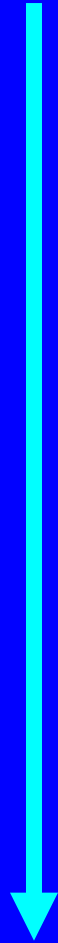
1 2 3 4



Shamanic Drumming for Healing Emotions ...



Shamanic Drumming: 調整節拍→調整深度...



Shamanic Drumming: 四種擊鼓...



火



水



地



風



Path



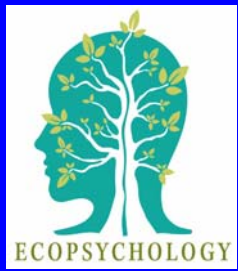
Stage 8: Mastering
Stage 7: Returning
Stage 6: Realizing
Stage 5: Apotheosis
Stage 4: Re-Marriage + Atonement
Stage 3: Expand + Guided
Stage 2: Detach + Initiate
Stage 1: Experiencing + Root



另一種 體驗

Part 1: Experiencing 體驗





Person / Self / Ego ???



Suffering
Death



Part 2: Root 根源



Root of Shaman/Ecopsychology
Root of Your Practice



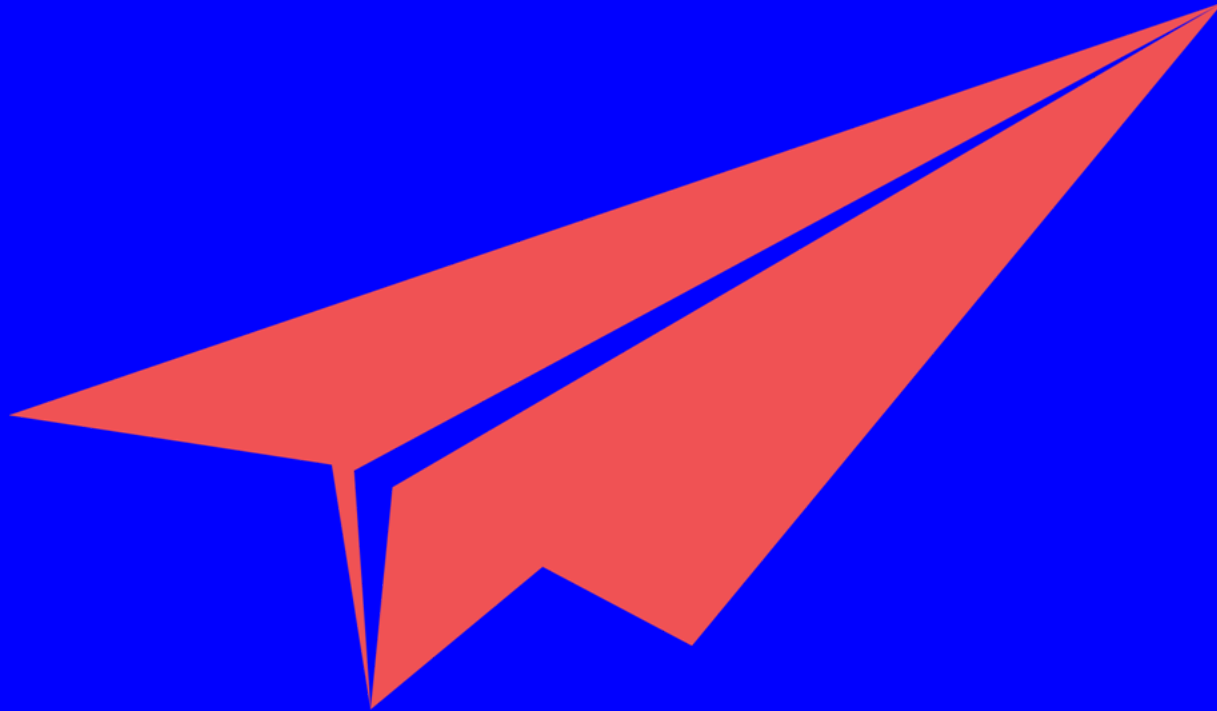
Part 3: Detach 分離



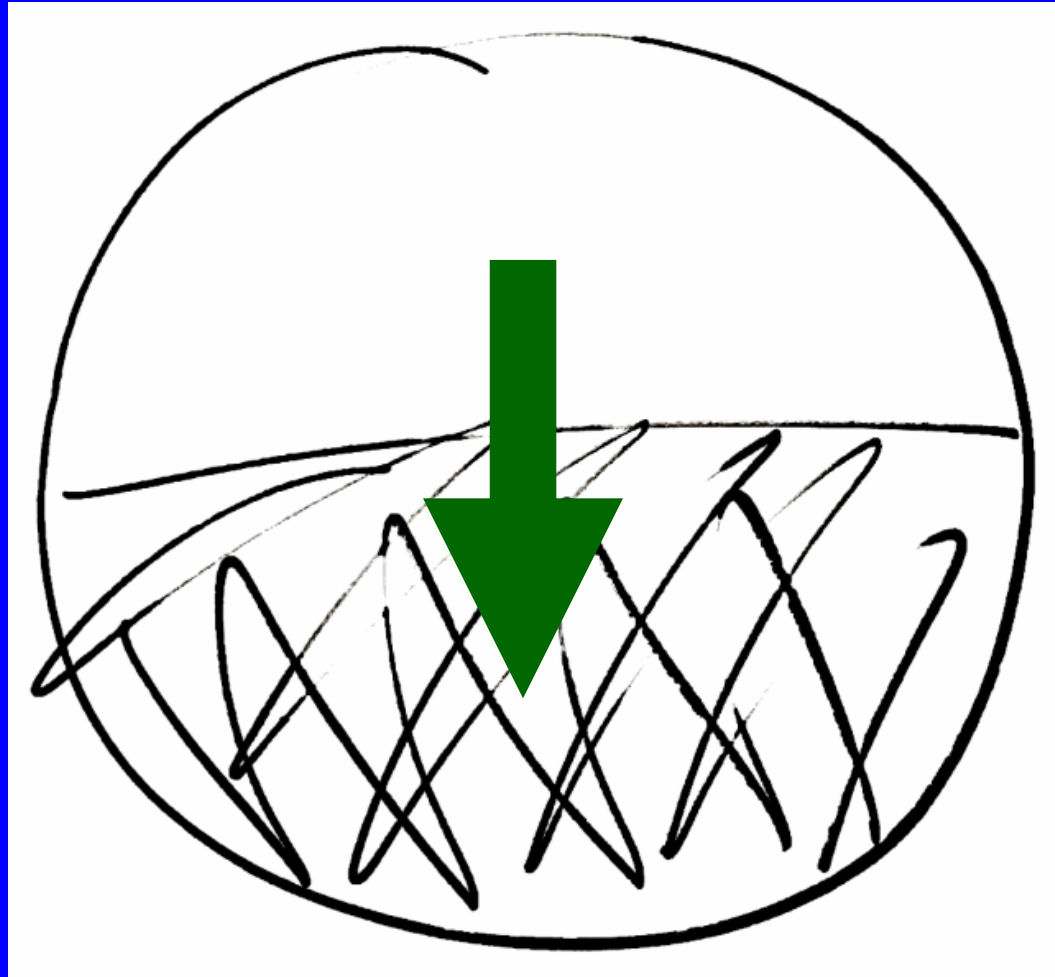
Detach from Results...

Detach from Emotions...

Detach from Ego...



Detach Ego ↔ **Mentor** → **Initiate...**



Part 4: Initiate 啟始

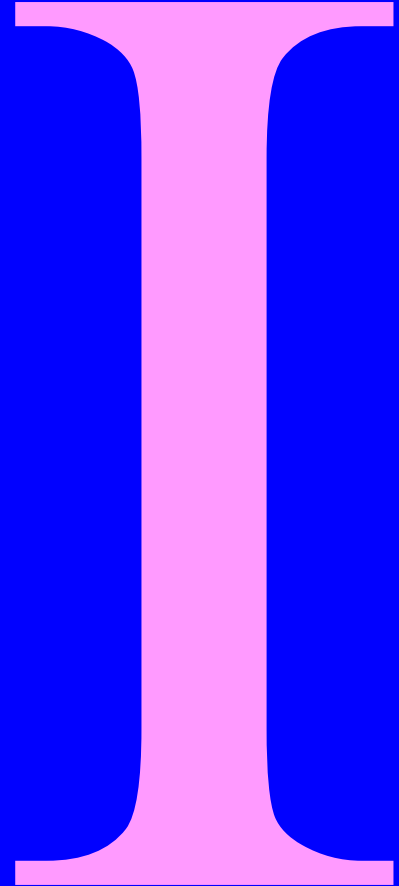
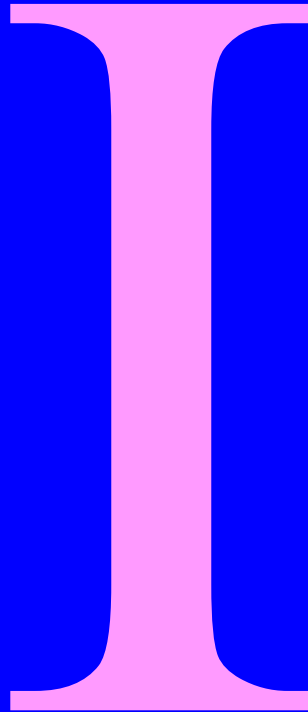
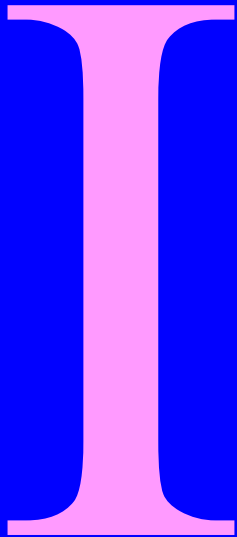


Initiation = Start Becoming a Shaman...

Initiation
omen crisis
dreams
vision quest



Initiation = Life Crisis...



Initiation = Start Becoming a Shaman...

I I



Non-Attachment ↔ Initiation

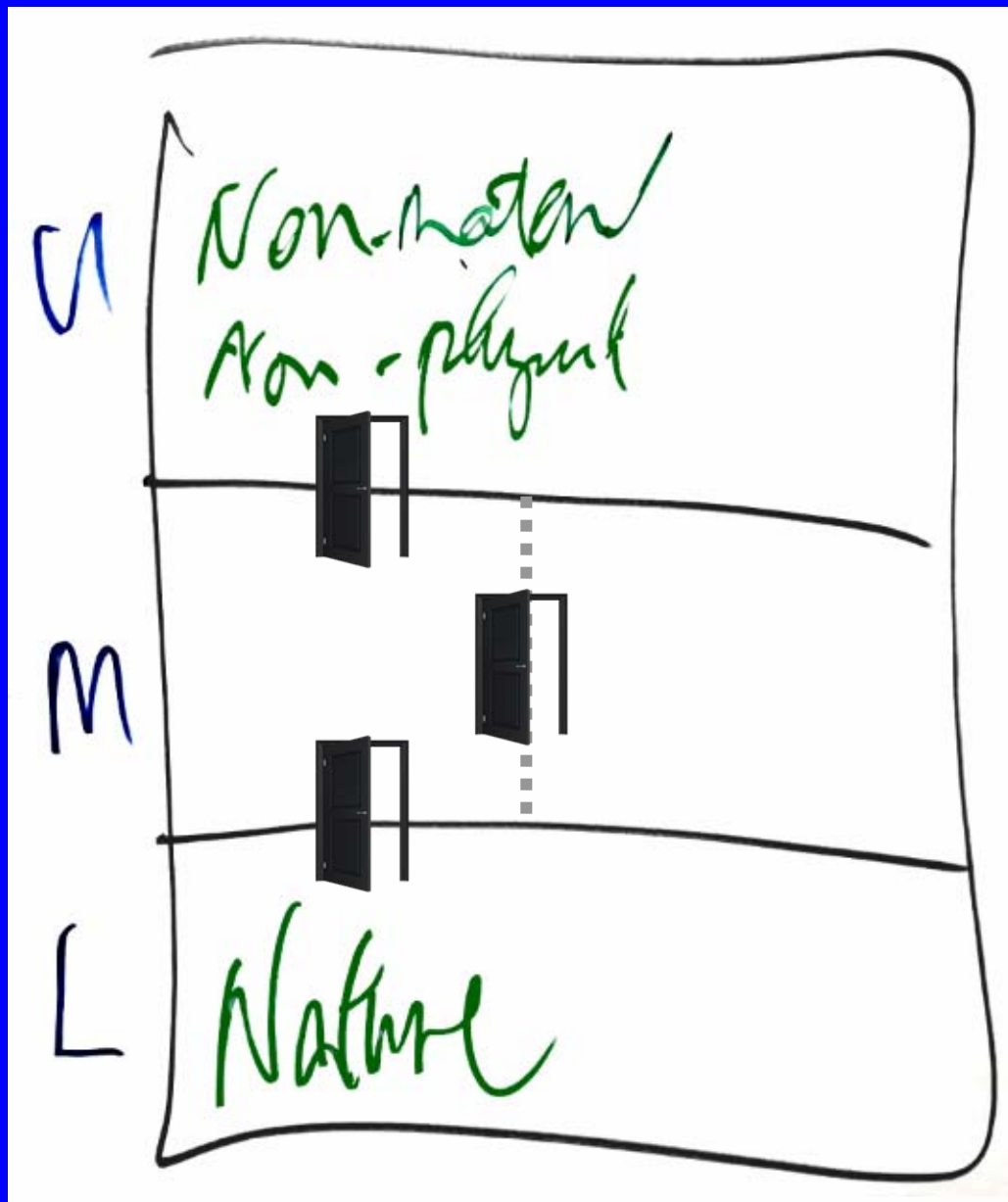


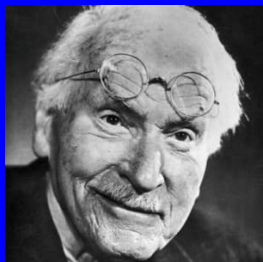
Labels

性格
角色

Part 5 – Expand 擴展







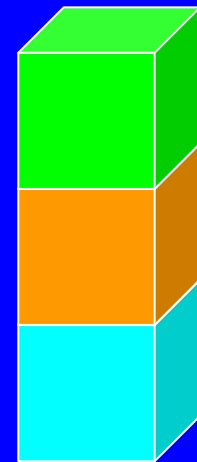
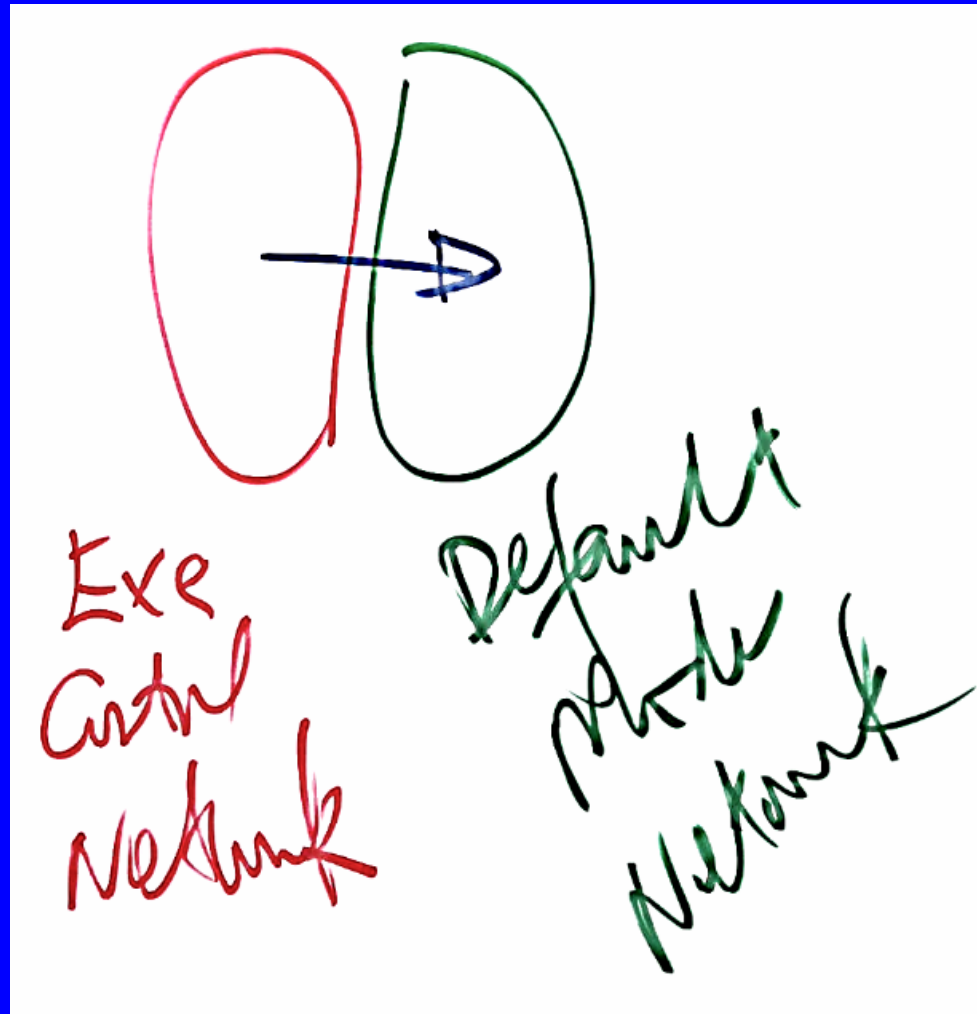
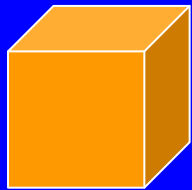
Synchronicity
異時性



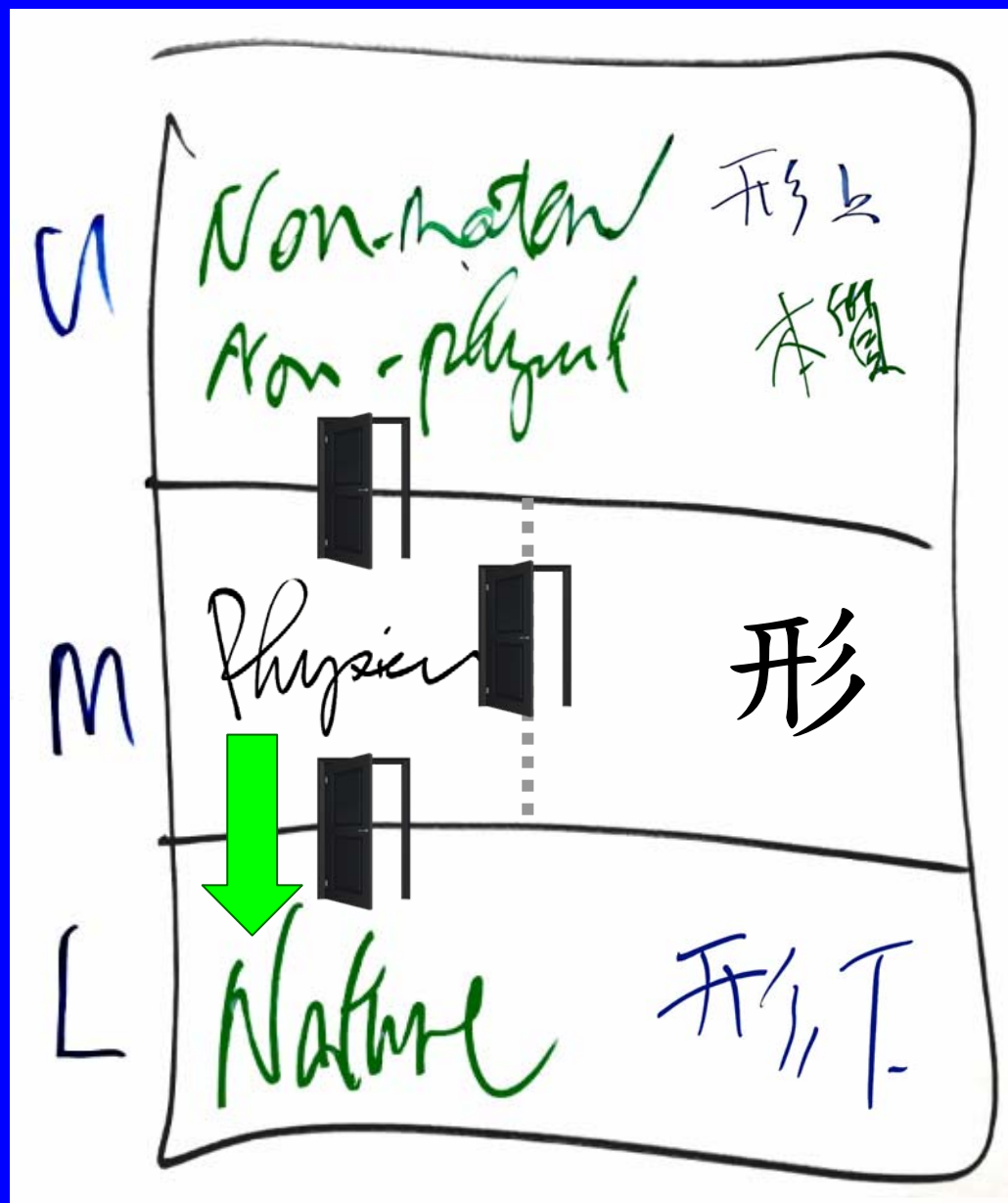
Part 6 – Guided 指引



Shaman Journeying ... 刻意轉 Mode



形而上者得之道
 形而下者得之器
 器者為形而下
 形者為形而上



關係
瞭解

友善

朋友

誠意

真心

親切

親密



能量動物: Journeying 以外...



發現

察覺
夢境

幫助

察覺
夢境
打掃
飲食
充電
發問

卡片

身體
靈魂
Soul



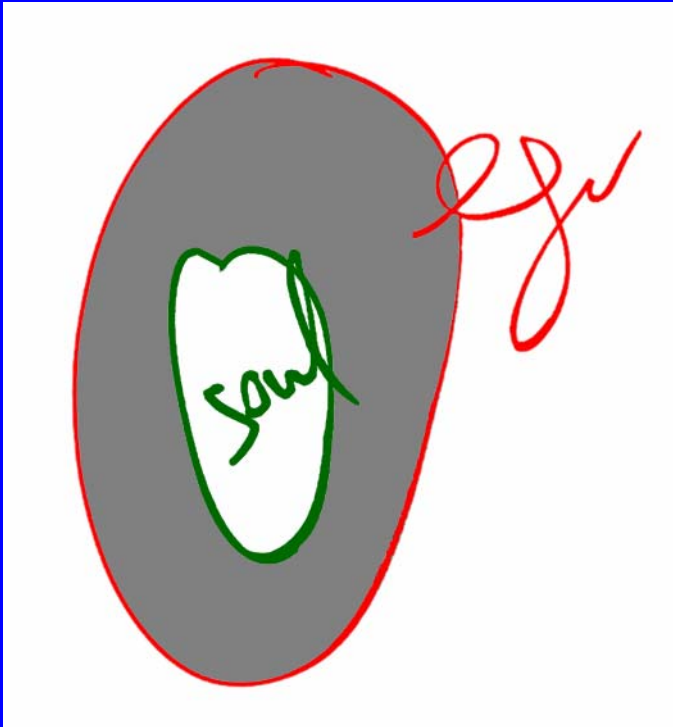
Part 7 – Re-Marriage 回復



Soul Loss = 走失靈魂?

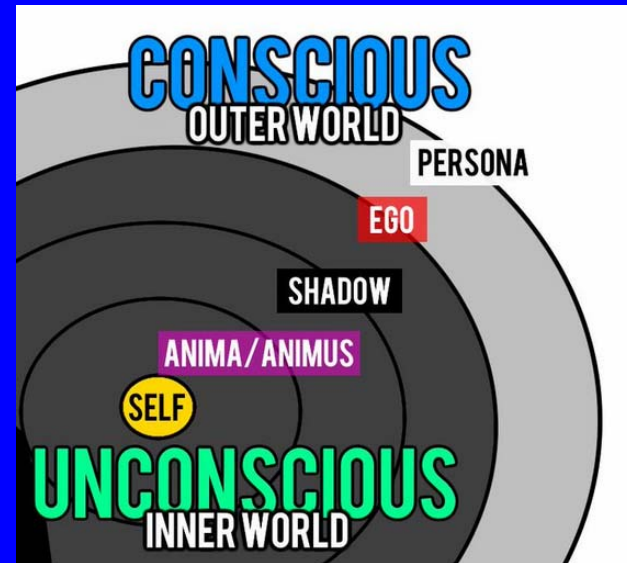


Ego ↔ Soul...



被排斥的部份 Ego = Shadow

失去的部份 Soul = A/A



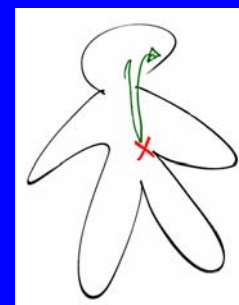
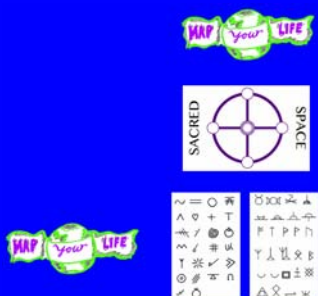
Ego, Soul, Lost Soul = 自己是什麼人...

知	ego 自我~自我 意義
不知	soul 靈魂~靈魂 意義
不不知	lost Soul 迷失的靈魂 意義

SR = 尋找人生意義



最簡單有效版本: Soul Retrieval...



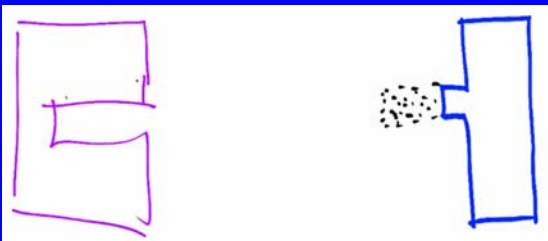
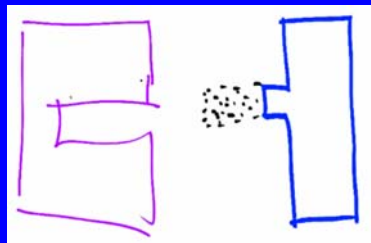
最簡單有效版本...

自身力量 聯繫自然



Part 8 – Atone 原一



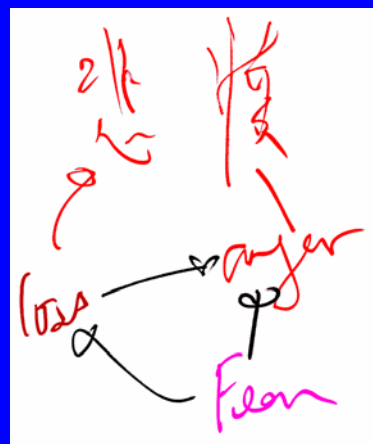
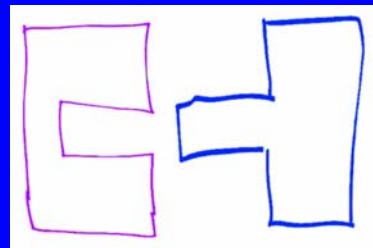


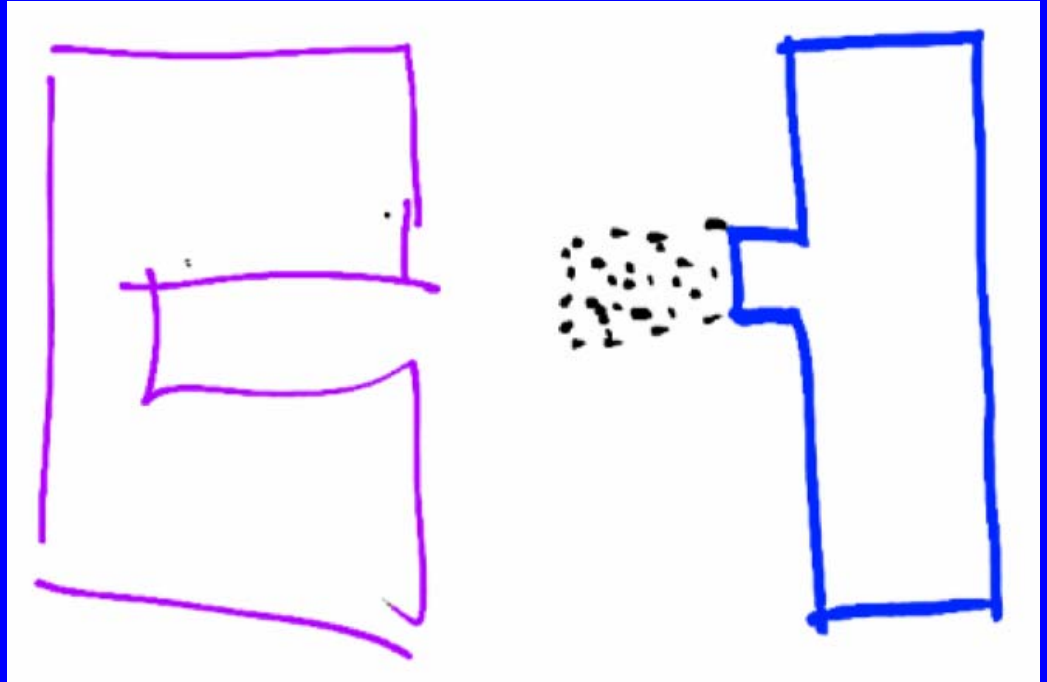
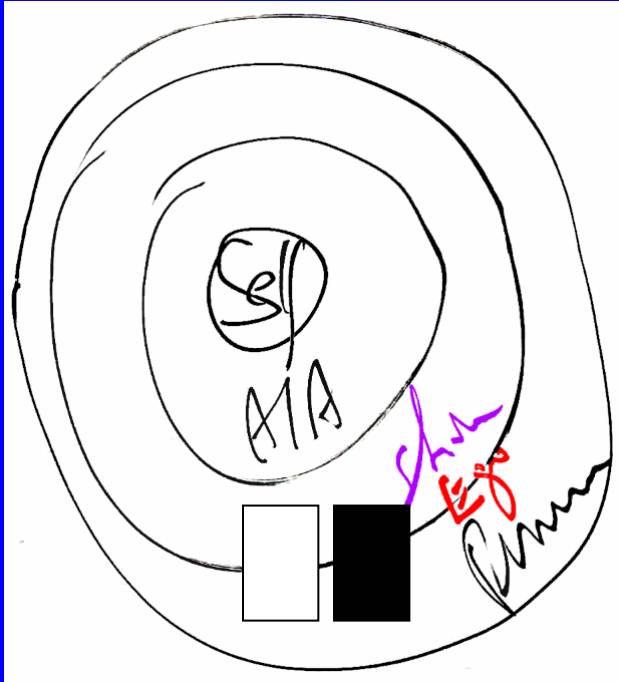
兩人相愛

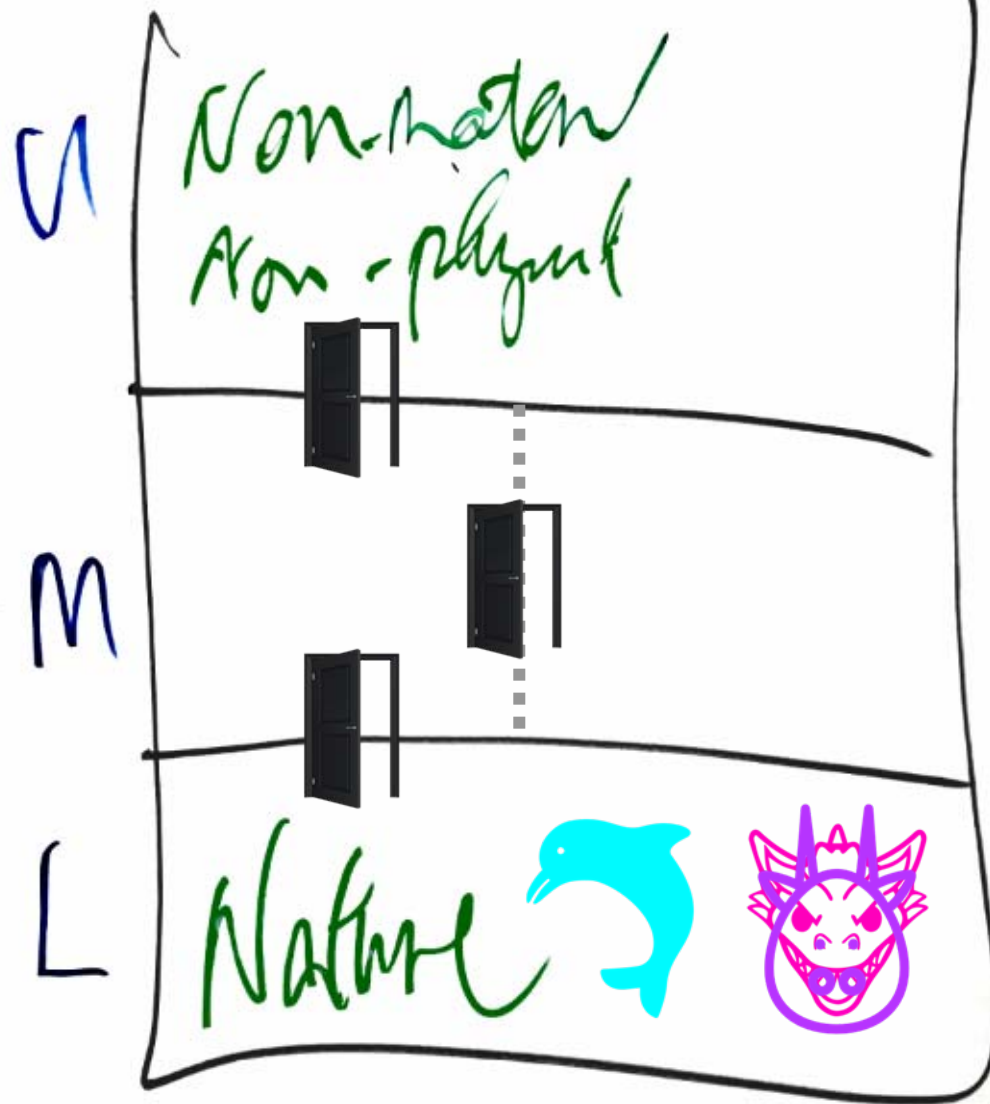
家長反對

悲憤的反抗

對方的殉情



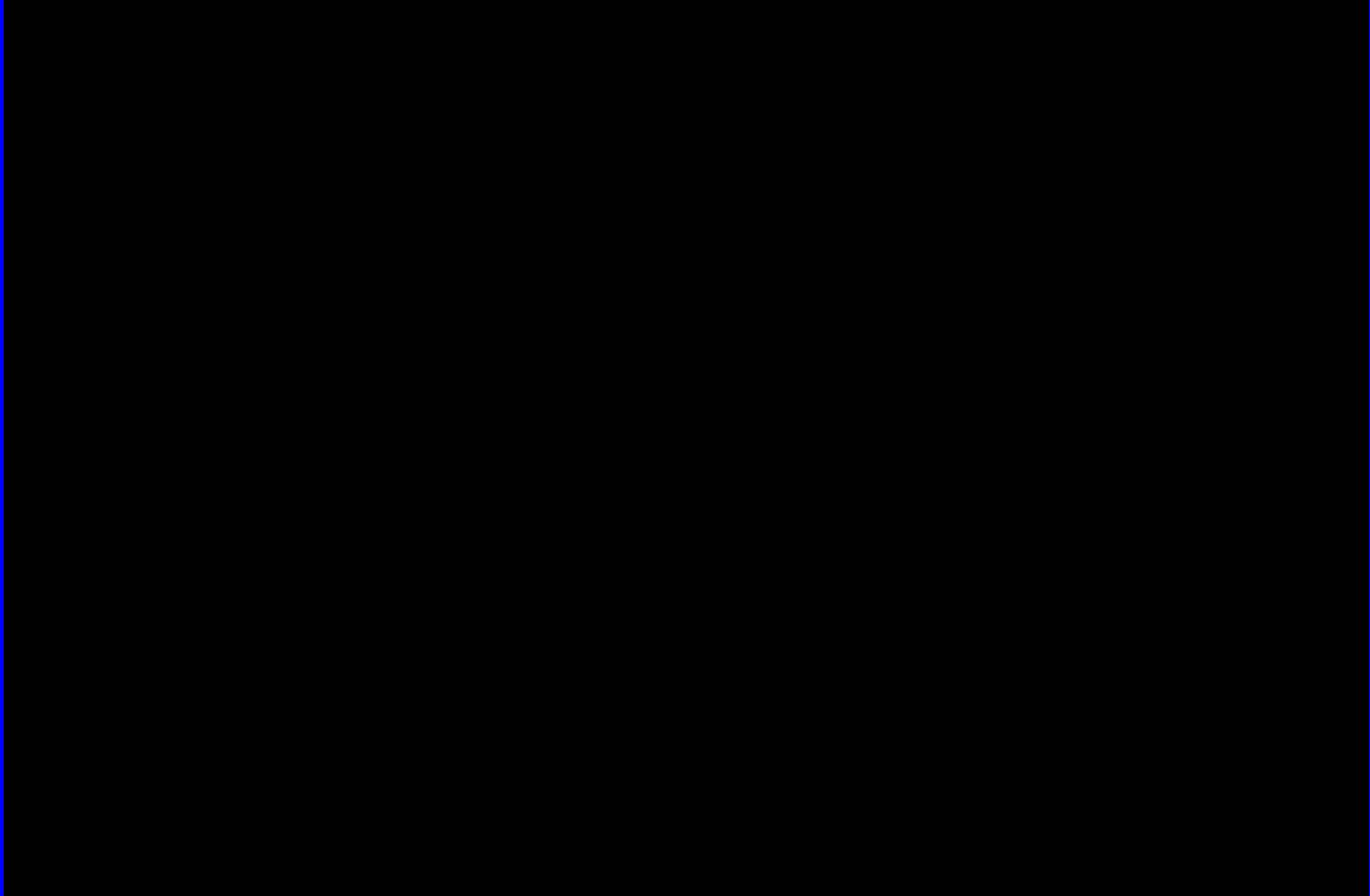




Part 9 – Apotheosis 超凡



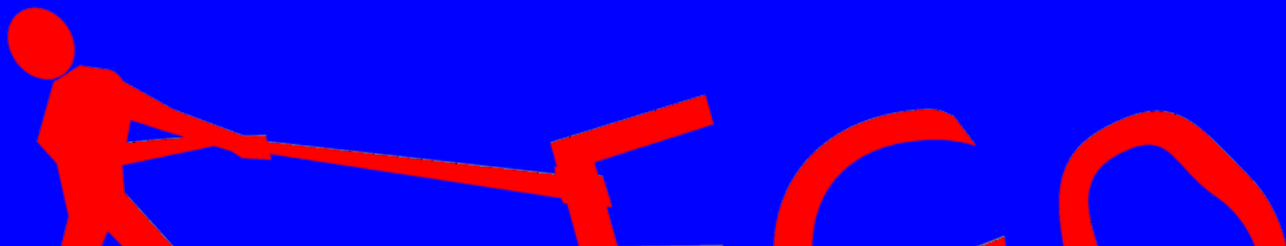






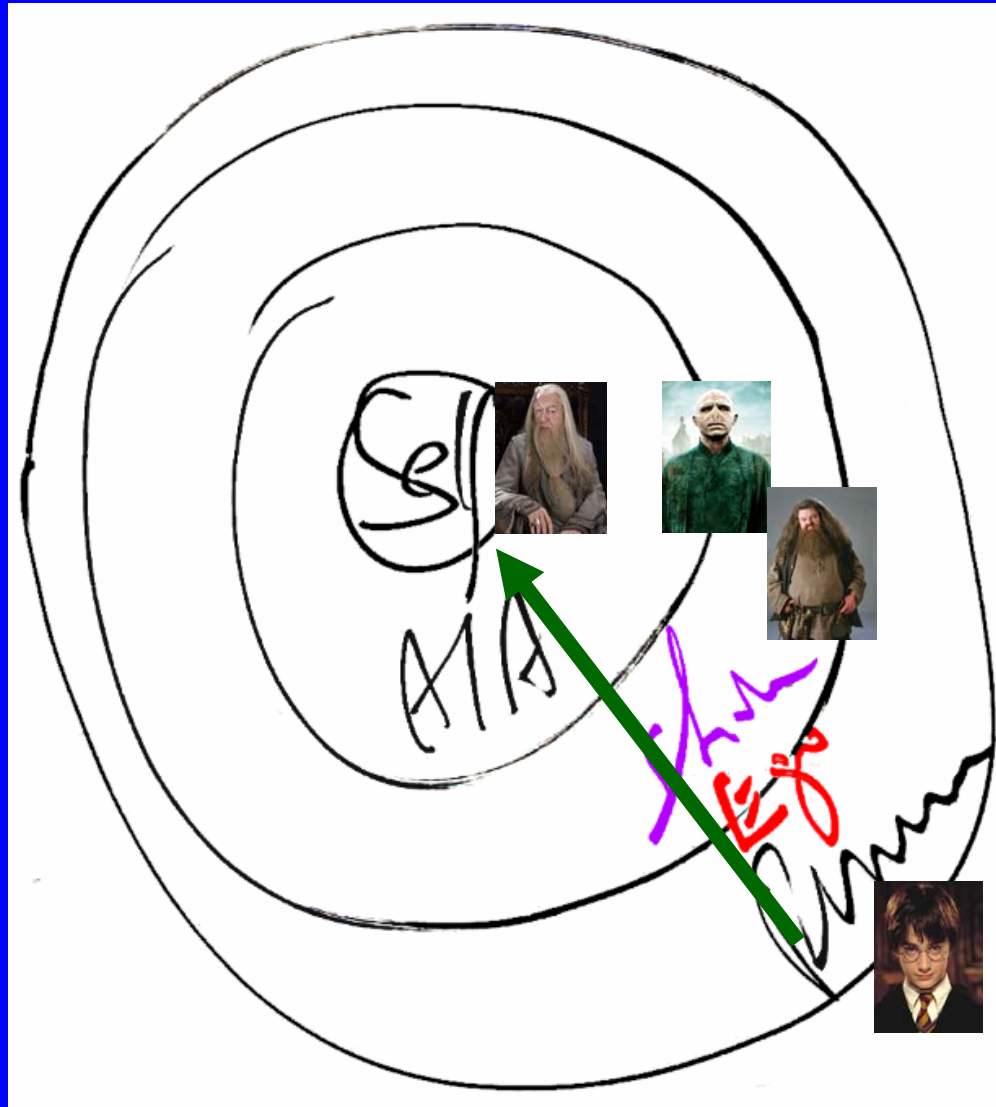
How?



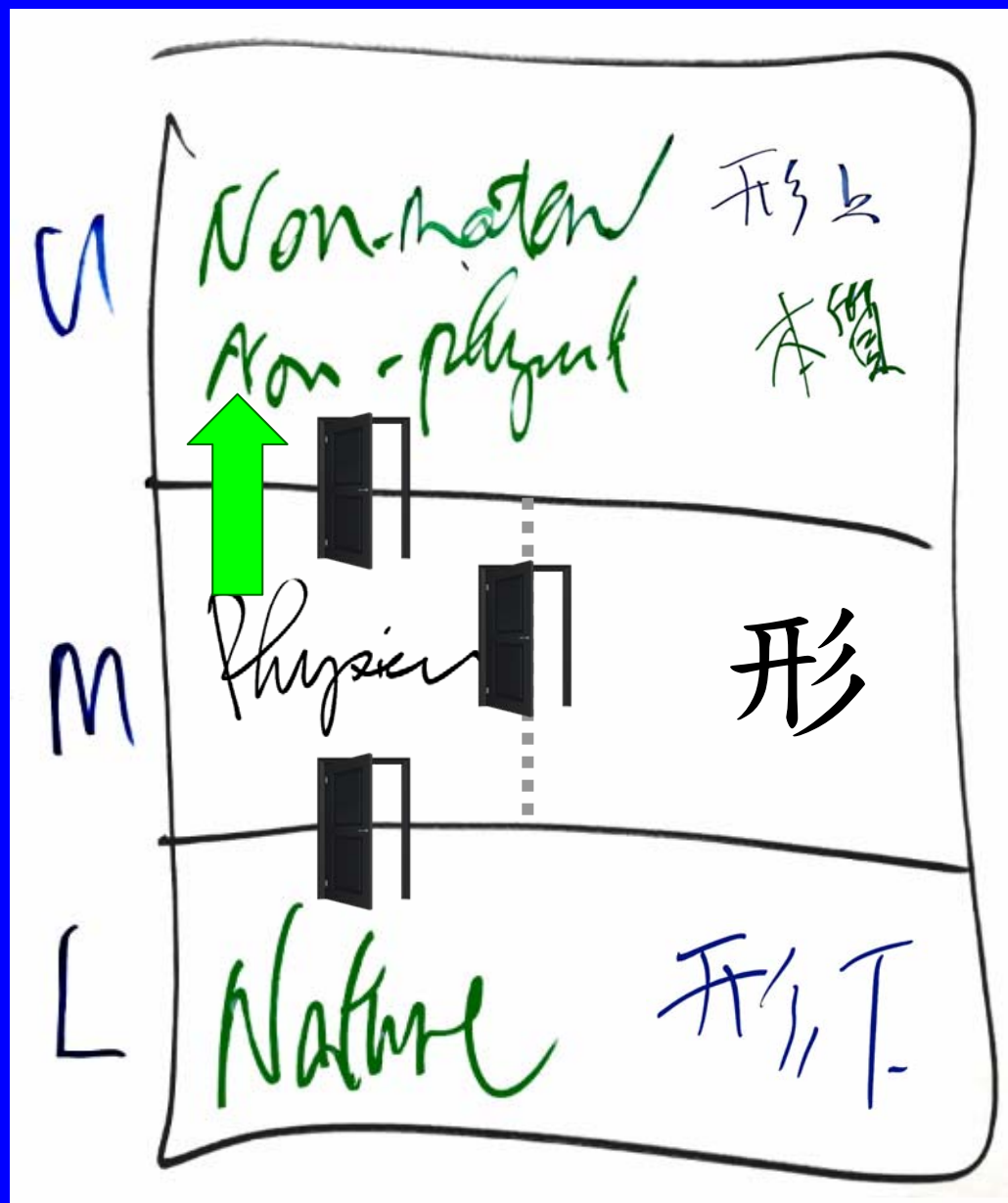


Part 10 – Realizing 成真





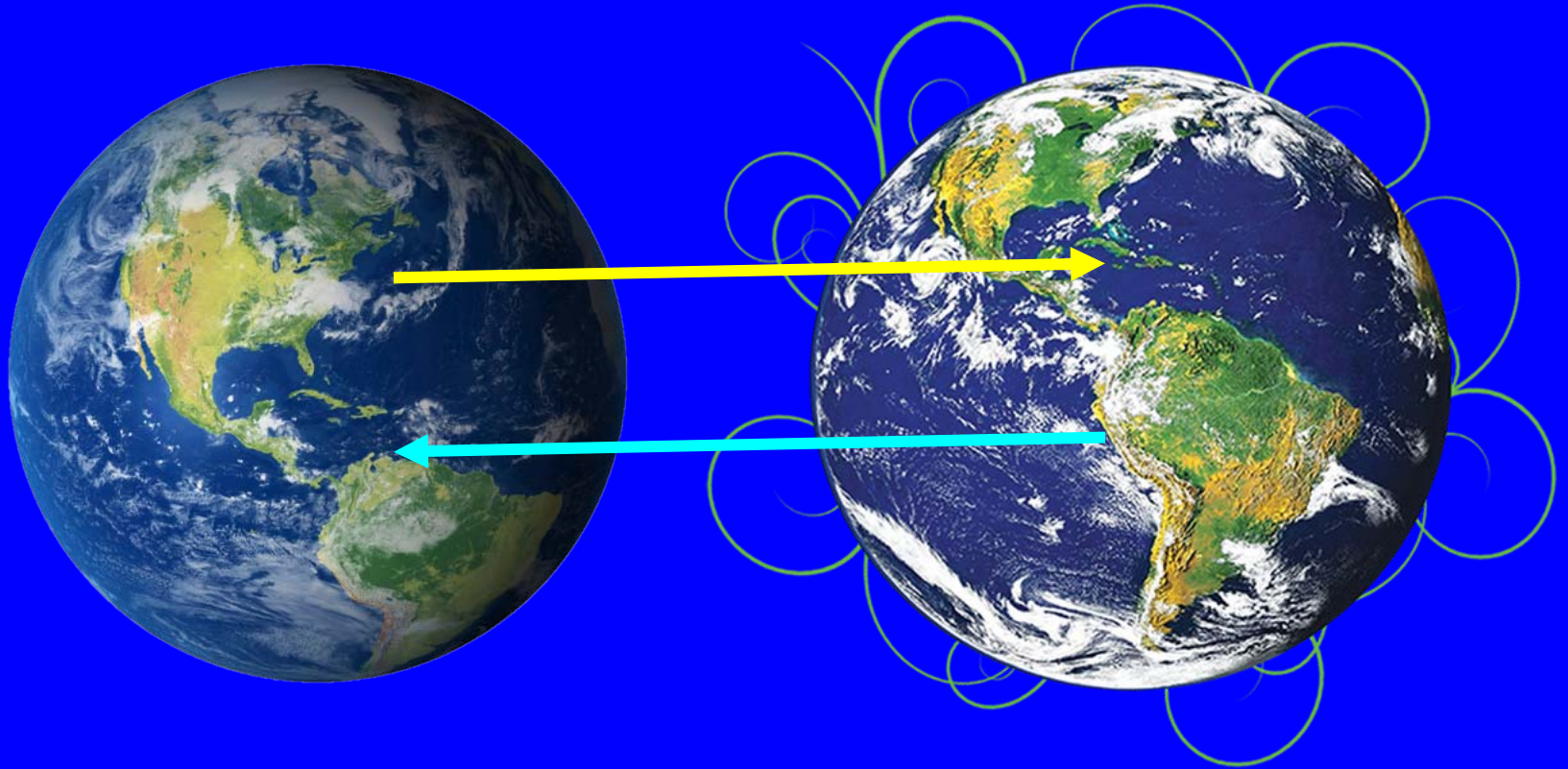
形而上者得之道
形而下者得之器
格致人



Part 11 – Returning 回歸



Returning...



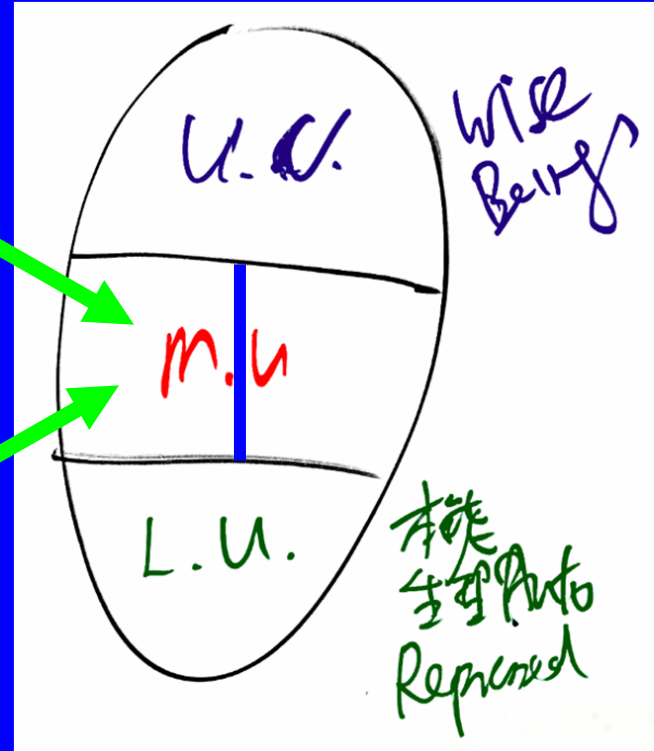
Neo-Freudism & 3 Worlds...

UU / UW →

Intuition
直觉

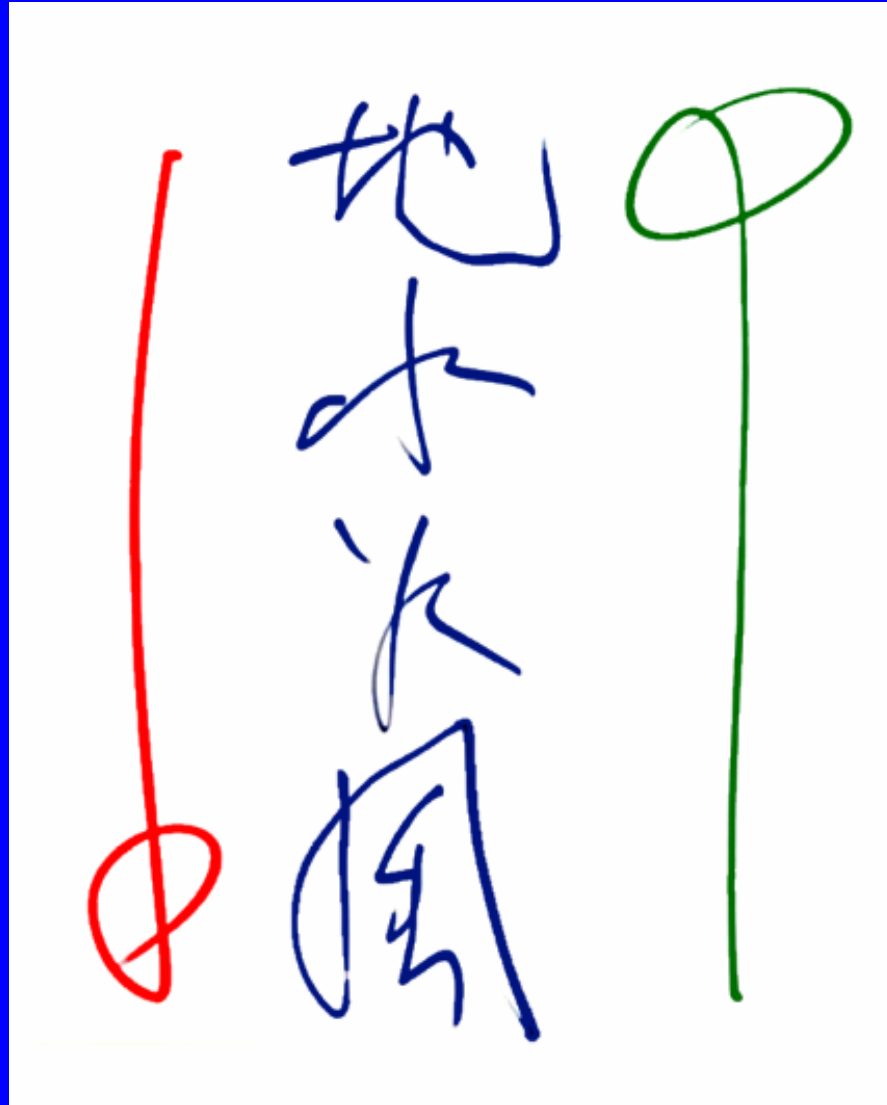
LU / LW →

Instinct
本能



四大原素次序...

解體

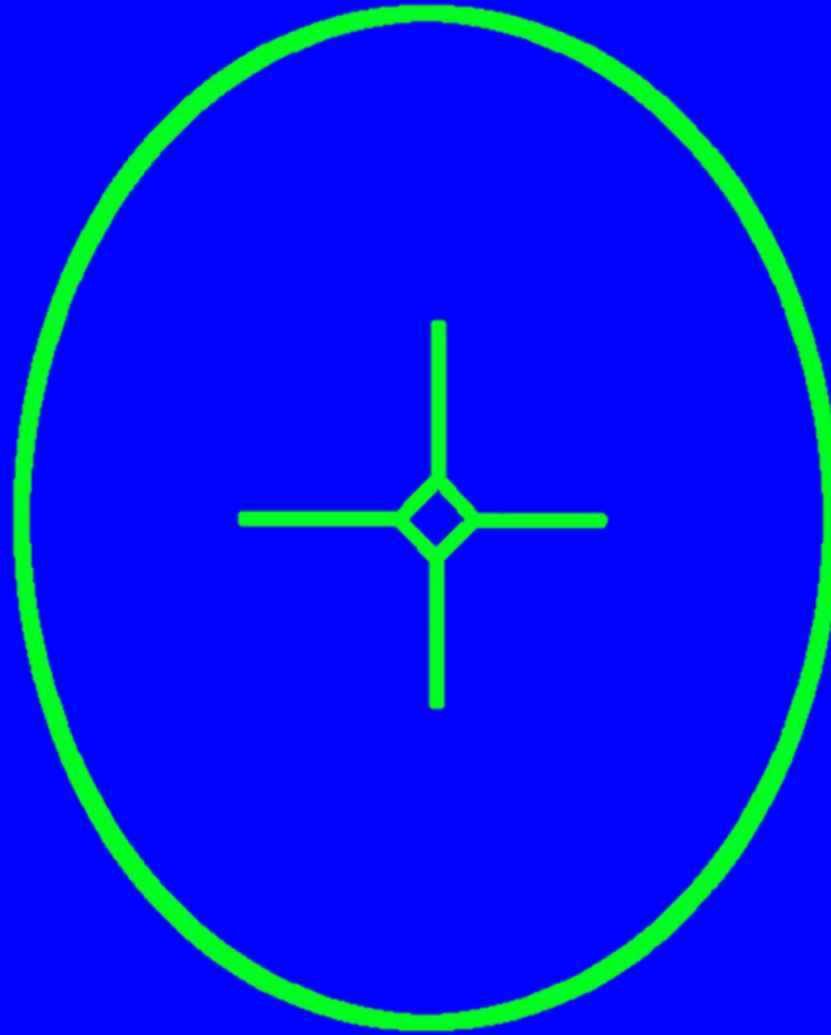


整合

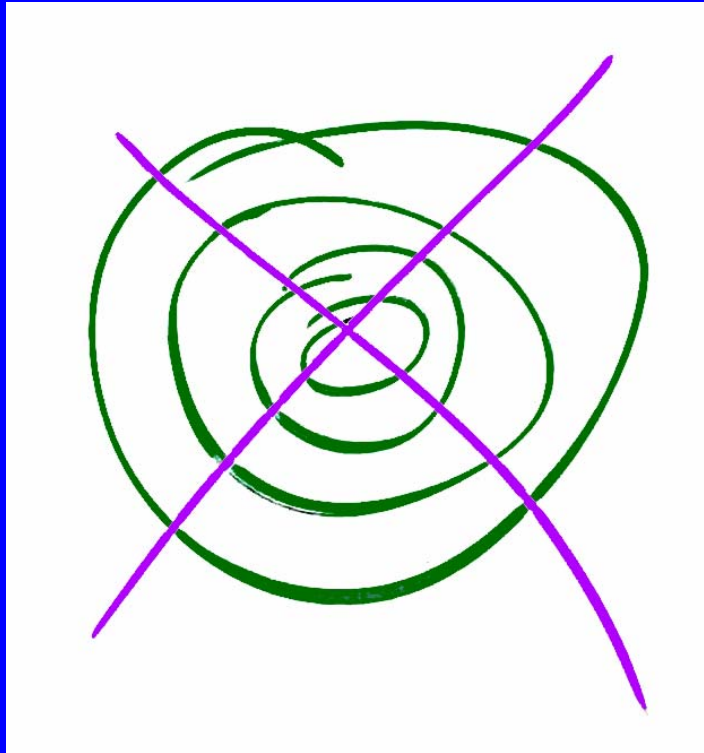


Medicine Wheel 共通特質...

圓輪
順時
東起
循環

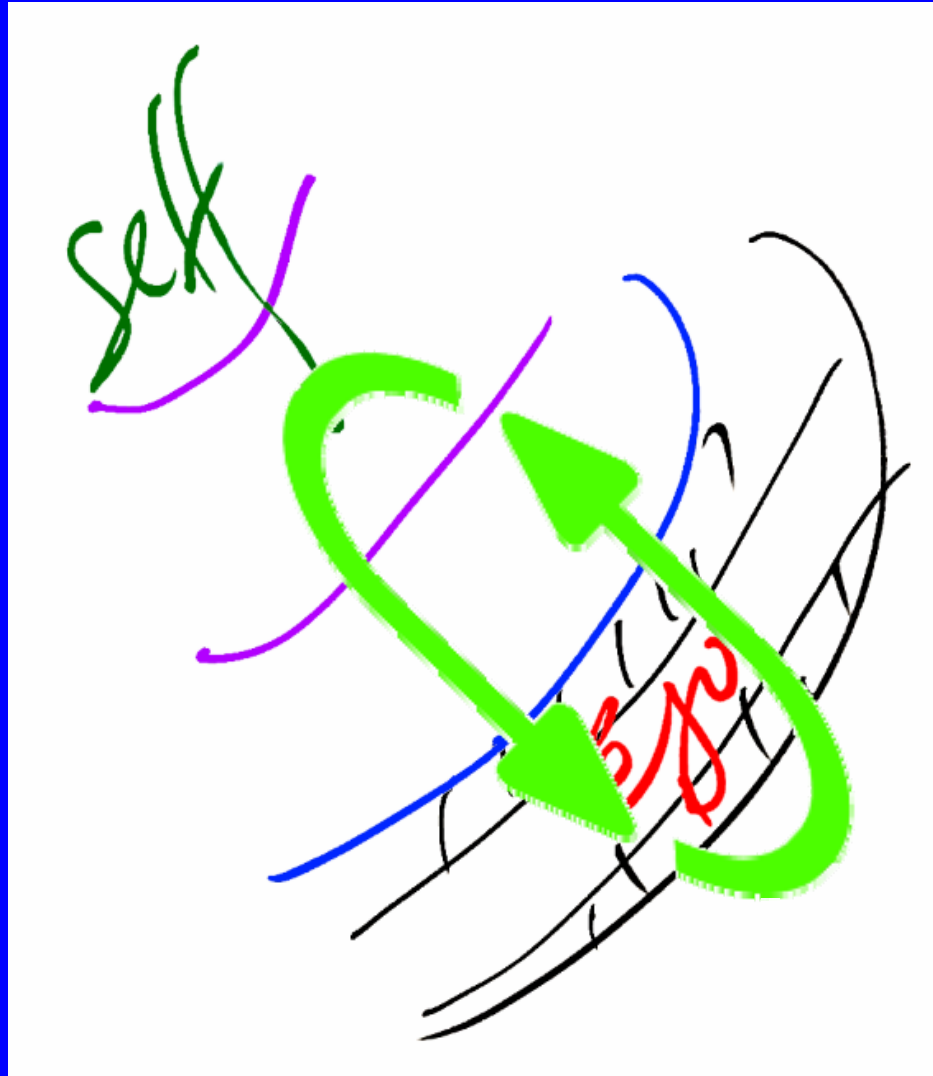


Medicine Wheel ... The Shaman Path...



Medicine Wheel ... The Shaman Path...

超然洞悉
體會本能
面對陰影
放下面具

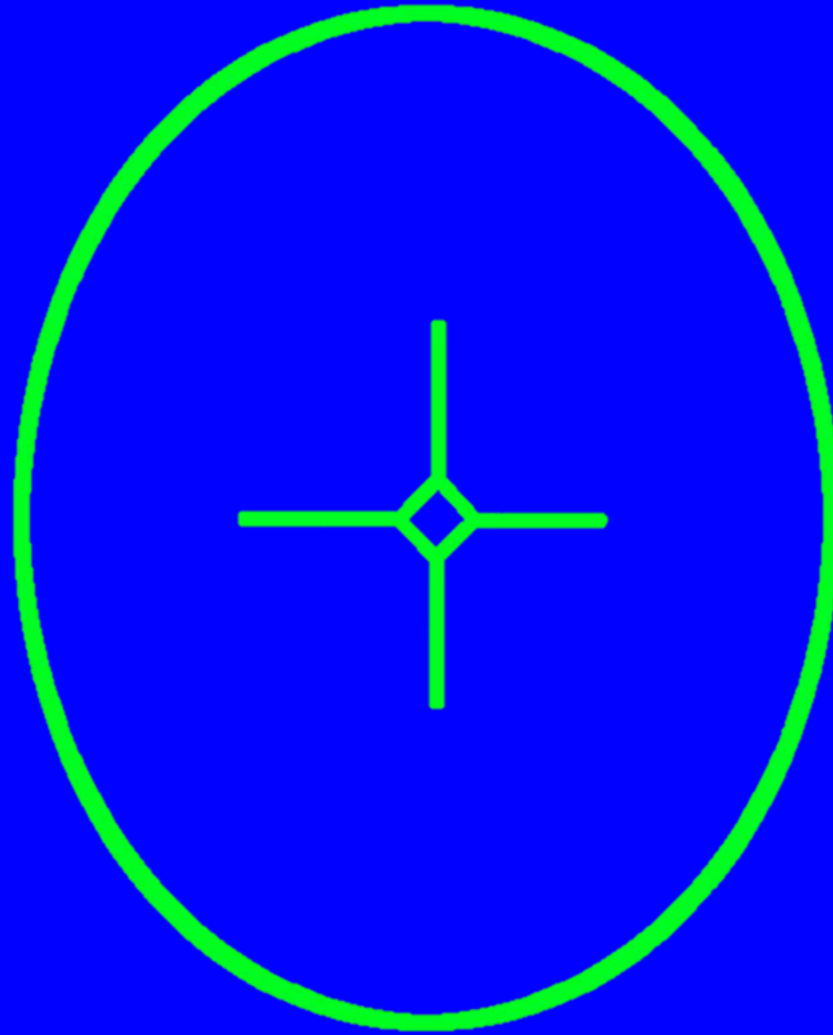


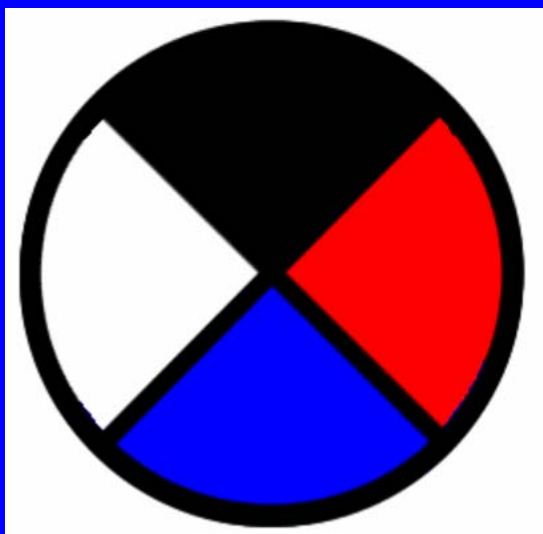
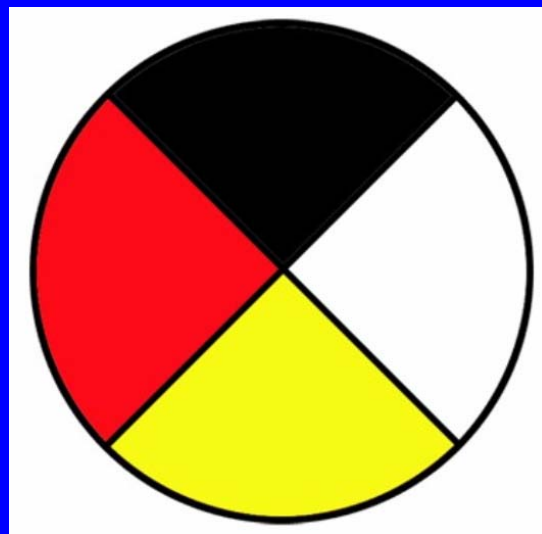
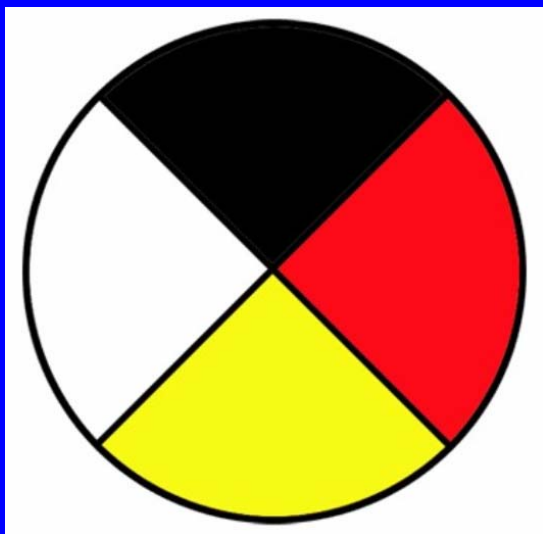
Part 12 – Mastering 統合



Medicine Wheel 多層意義...

方向
季節
日夜
四大
動物
植物
天體
人面
人生





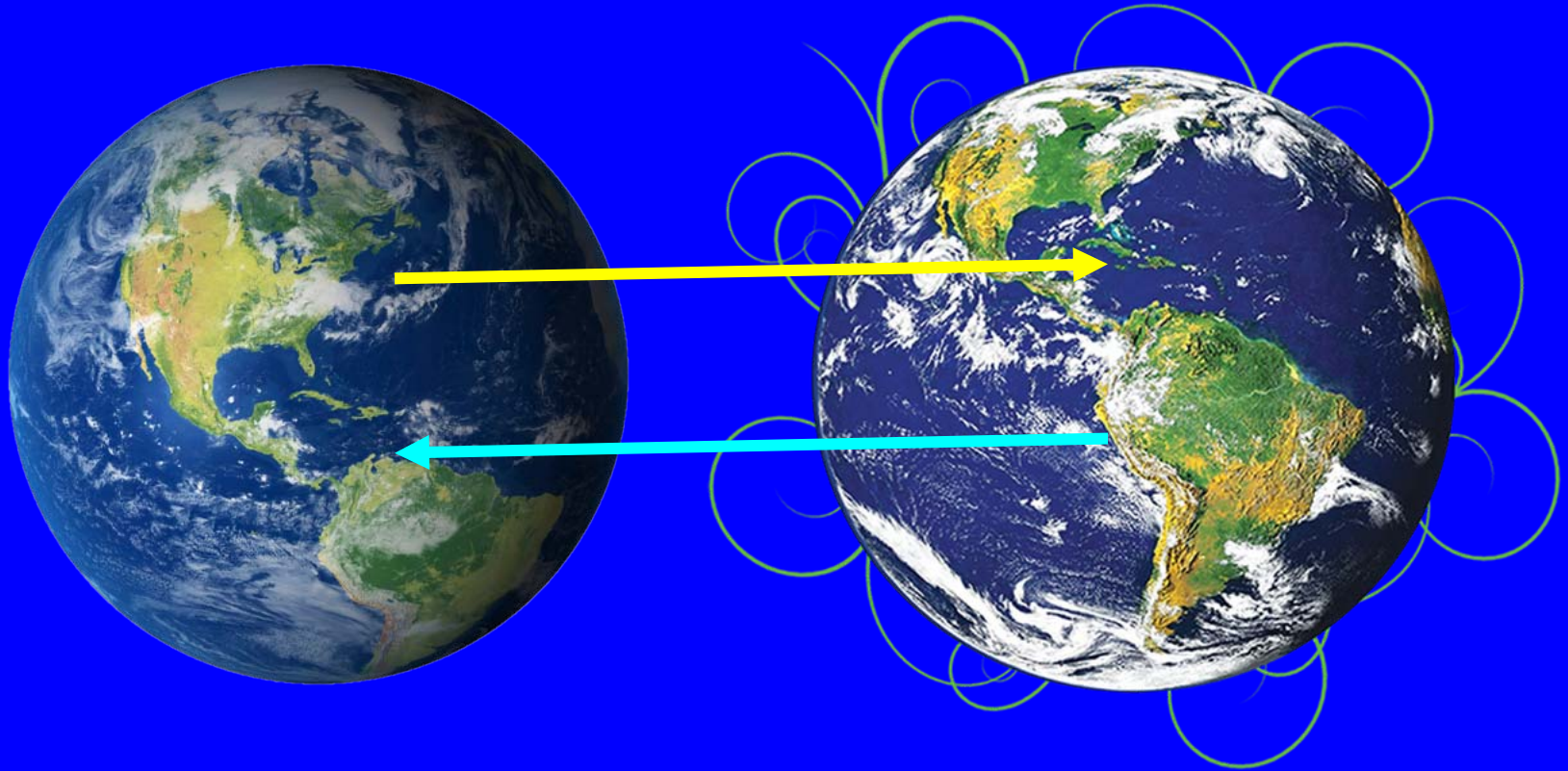
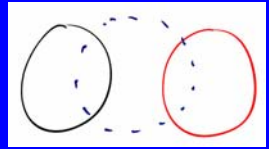


Medicine Wheel ... The Shaman Path...

超然洞悉
體會本能
面對陰影
放下面具



Returning...Mastering...



The Shaman Path...

Stage 8: Mastering
Stage 7: Returning
Stage 6: Realizing
Stage 5: Apotheosis
Stage 4: Re-Marriage + Atonement
Stage 3: Expand + Guided
Stage 2: Detach + Initiate
Stage 1: Experiencing + Root



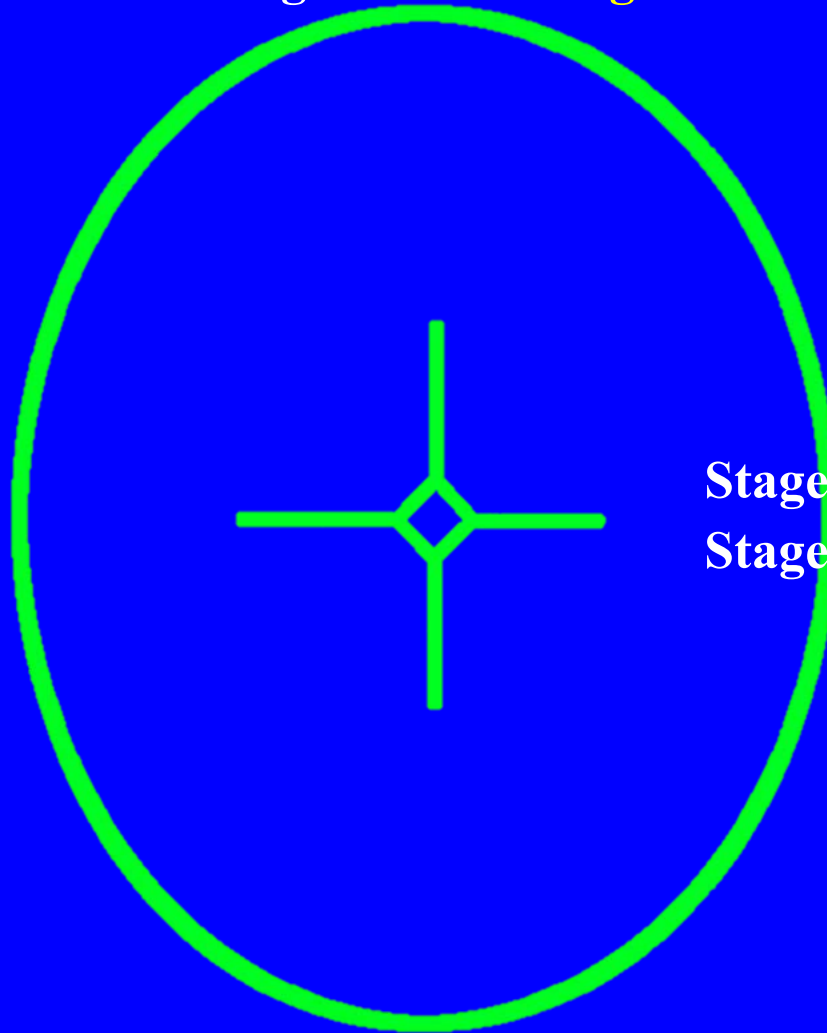
The Shaman Path...

Stage 8: **Mastering**
Stage 7: **Returning**

Stage 6: **Realizing**
Stage 5: **Apotheosis**

Stage 2: **Detach + Initiate**
Stage 1: **Experiencing + Root**

Stage 4: **Re-Marriage + Atone**
Stage 3: **Expand + Guided**





2020...





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